

**Value of the Week**

**Excellence.** We do our best to achieve excellence. Have you done your best?



**March**

- 31** Year 2-12 Cross Country  
P&C AGM 3:45pm  
K-12 SRC Crazy Sock Day

**April**

- 1** Last day of Term 1  
K-6 Easter Hat Parade
- 20** K-12 First Day Term 2
- 28** K-12 Athletics Carnival
- 30** Year 11&12 Tocal Bake or Burn



8 Meade Street, Bulahdelah 2423  
Phone: 4997 4329 Fax: 4997 4512  
bulahdelah-c.school@det.nsw.edu.au

## School to Work Go-Getters Garden Project Complete





## PRINCIPAL'S REPORT:

Coronavirus  
(COVID-19)

# Update

- Parents and carers may enter the school to drop off and pick up students. Parents and carers need to physically distance and are encouraged to not remain on site for any longer than is necessary. No sign-in is required.
- All visitors to a school site must comply with sign-in arrangements. This includes the requirement to sign the school sign-in sheet where they acknowledge that they will comply with the COVID-19 requirements for visitors, contractors and service providers each time they visit. Visitors must also check in using the Service NSW QR code.

- In accordance with advice from NSW Health, parents and carers are reminded **NOT** to send children to school if they are unwell, even if they have the mildest flu-like symptoms.
- NSW Health has requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.
- Students and staff with flu-like symptoms need to be tested and provided with a copy of a negative COVID-19 test result and be symptom-free before being permitted to return to school.
- Students who do not undertake a COVID-19 test will not be permitted to return to school for a 10-day period. Additionally, they must be symptom-free for at least 3 days prior to returning to school.

*George Frangos*

# Thank You

*We thank our parents and community for your understanding and support during the recent floods. Our thoughts are with all those who have been impacted during this challenging time. Heartfelt thanks to the SES and other emergency services who worked tirelessly to keep everyone safe, and to the incredible community who assisted in many different ways. A thousand words will not leave an impression as wide as one kind deed.*

*Photo provided by Joel Dee*

# Happy Easter

THE SPIRIT OF EASTER IS ALL ABOUT  
Hope, Love, and Joyful Living.



*Happy Easter from Bulahdelah Central School*

*We hope you stay safe and healthy over the holiday period.*

*We have asked the Easter Bunny if he could please fill our eggs with health and happiness and deliver them to everyone that we love.*

*Hope you receive one at Easter.*





Students of the month



**Participation**

**Respect**

**Innovation**

**Determination**

**Excellence**

**Delilah Newlin - Year 7** (pictured left)

Active engagement and participation in class discussions.

**Xannah Harrison - Year 7** (pictured right)

Diligent work and positive behaviour in Science.



**Issac Swain - Year 2**

Consistently displaying the PRIDE values in all areas of learning.



**Ruby Dibley - Year 4**

Displaying positive behaviour at all times.



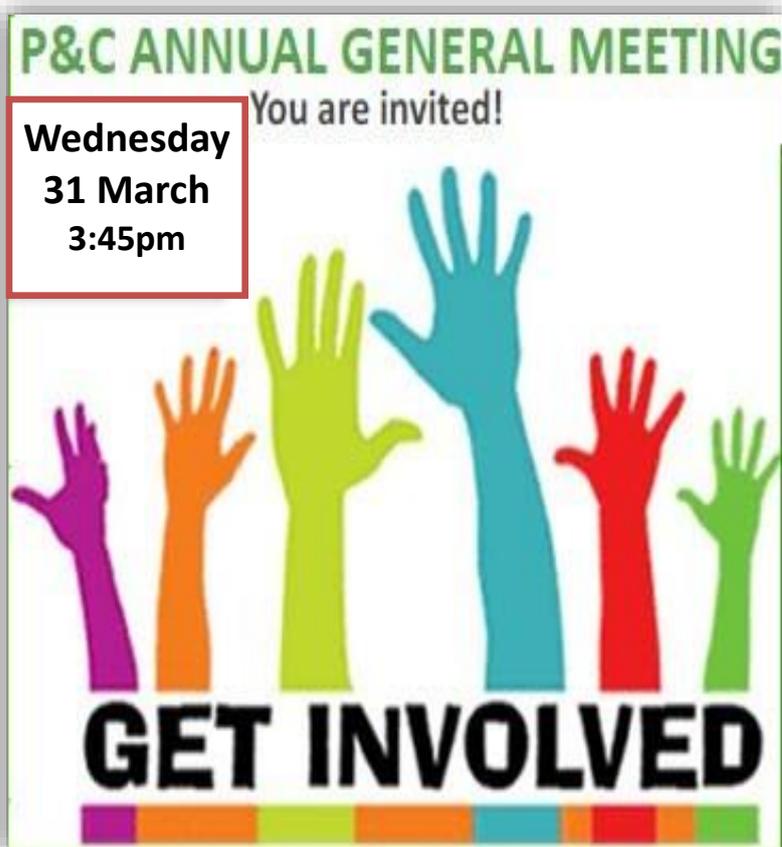
**Braiden Dvorik - Year 9**

Consistent application and excellent achievement in Agriculture.



**Jonathan Hawes - Year 12**

Displaying a mature and determined approach in Modern History.



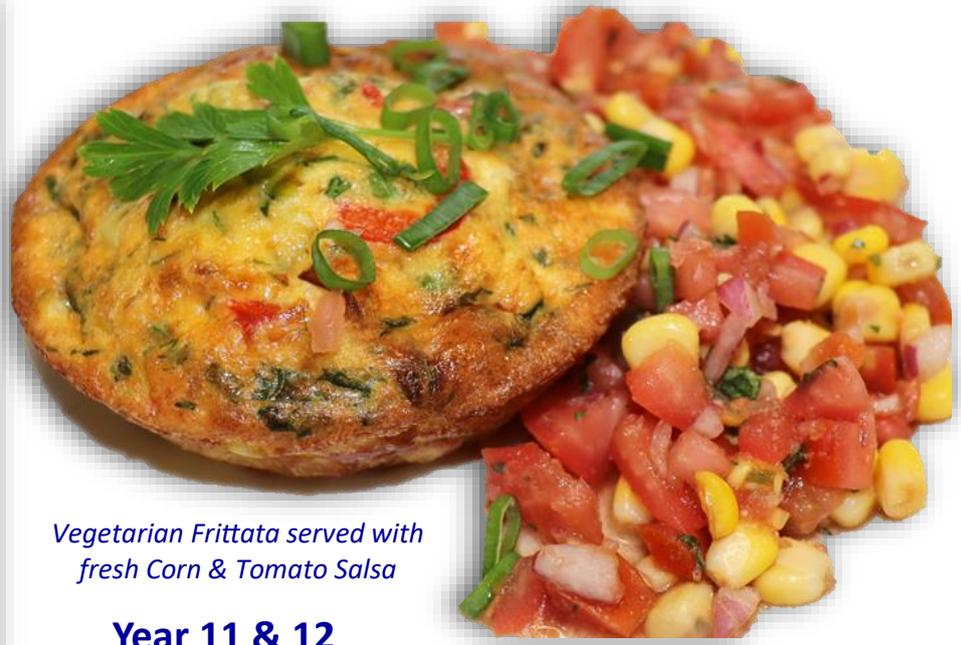
The Annual General Meeting (AGM) of the Parents and Citizens Association of Bulahdelah Central School will be held on Wednesday, 31 March 2021 in the school library from 3.45pm until 4.45pm.

COVID restrictions will only allow us to meet for 1 hour so if time permits we will hold a general meeting following the AGM.

If anyone would like to add items to our agenda for discussion at our general meetings please email at least one day prior to the P&C messenger page of Facebook or email to bulahdelahp.c@gmail.com – only listed items on our agenda will be discussed.

Only current members are able to vote at the AGM.

Membership cost is \$1.00 and payments will be taken after our AGM for the 2021 year.



*Vegetarian Frittata served with fresh Corn & Tomato Salsa*

## **Year 11 & 12 Hospitality**

# **All Day Dining Cafe**

Year 11 and 12 Hospitality students worked extremely hard to prepare lunch for staff as part of their 'All Day Dining' assessment task. The menu consisted of Frittata with Corn Salsa, Chilli and Lime Taco Salad and a Rustic Steak Sandwich with Parmesan Fries.

The students produced work of a quality standard that was applauded by staff around the school. Many commented on the gorgeous presentation, prompt delivery time and flavour combinations. The students showcased a high-level of professionalism, utilising their safety, teamwork and kitchen preparation skills. Here is one of the many reviews:

*"Today I had the pleasure of experiencing the 'All Day Dining Cafe'. My Rustic Steak Sandwich was delicious. It was the best steak sandwich ever, and was certainly a multi-sensory experience. It looked fantastic on the plate – fresh, vibrant and beautifully presented. The aroma was inviting and the taste – what can I say. Loaded with flavour, the steak was perfectly cooked and rested, delivering a wonderful combination of tenderness and juiciness.*

*The fillings were equally amazing, with the flavours working harmoniously together. As each layer unfolded, there was a new burst of freshness, making lunch an exciting culinary journey.*



*Rustic Steak sandwich served with Parmesan Fries*



*From the delightfully smooth textured, garlicky hummus, through to the juicy cherry tomatoes and the warm, morsels of roasted capsicum, all combined inside two delicious slices of toasted bread, this creation took the humble steak sandwich to a whole new level. Just as impressive was the side of parmesan wedges – I say side, but these little gems could have been a meal on their own.*

*The portion size was certainly generous, unlike many restaurants that try to hide a tiny portion under a mountain of garnish. This jaw-stretching delight kept me going all night long.*

*Of course, good food and good service go hand in hand. Too often, a great meal at a restaurant is ruined by poor service or poor plating. This was certainly not the case today.*

*The presentation was perfect and the service top-notch. Jye, Taj, Raylee, Isaac, Mitch, Sally, Abby were amazing - polite, knowledgeable, efficient, caring and professional.*

*Having the in-kitchen dining experience was amazing, something that people pay a small fortune for at a top restaurant. It was a privilege to witness the teamwork, calmness, organisation and skill level demonstrated by those at Isaac's and Jye's benches. I was impressed.*

*Thank you to the young chefs. They certainly have a bright future ahead!" Wendy Parsons*



*Chilli, Lime and Chicken Taco Salad*



## Middle School Challenge

It has been a fantastic start to our Middle School Program with outstanding team work and enthusiasm being demonstrated each Wednesday morning in the school hall. Every

Wednesday, Year 7 students are randomly divided into groups to participate in team challenges. Inclusive practices have been employed to ensure that each week the groups are made up of different members. This is to break down barriers, encourage communication across the year group, and enables students to learn about each other.

Students have come a long way in such a short time in their group work skills. Every week team leaders are also randomly selected and it has been rewarding and interesting to witness students listening, working co-operatively and taking on leadership roles. Students have undertaken surveys under the guidance of Deputy Elizabeth Bate, learning about their character strengths.

Some of the more exciting challenges have included Speed Dating, where students learned about each other. Crossing the River saw each team collaborate to cross a lava pit of 10 metres using only 4 pieces of A4 cardboard. Olive's team was victorious.

The Egg Challenge involved teams constructing a vessel capable of carrying an egg from the Art Room verandah to the ground below. They used straws, tape, string, a sheet of newspaper, a balloon, glue and blue tack. Two teams led by Bailee and Sheena were successful.



Paper towers of 4 metres plus were innovatively designed and constructed using only newspaper and tape. Delilah's team was the most successful, but interesting ideas were utilised in all of these creations.

Marooned on a Desert Island involved teams debating about 8 essential items necessary for survival and presenting to the entire group. Interesting items included chickens, flares and Life Straws.

The Raise the Brick Challenge proved puzzling as students debated how to raise a brick 10cm from the ground using only 2 pieces of paper, tape and a paper clip. Students were also excited to learn about medieval warfare practices and then created inspired warrior costumes using newspaper and tape. This was followed by a fashion parade.

The students have been thoroughly enjoying themselves whilst developing trust, increasing their communication and strengthening their collaborative skills. They are an entertaining, imaginative and positive group. We can't wait to see what they come up with for their major Escape Room challenge later in the year!

*Vanessa Shultz - Head Teacher English*





In Week 7, BCS was proudly represented by 17 students in Year 10, 11 and 12 at the Charles Sturt University Discovery Day at the Port Macquarie campus. They were accompanied by Elizabeth Bate and Linda Drenkhahn who did a stellar job of her maiden voyage driving the school bus out of town!

Students attended information sessions on courses of interest, as well as a campus and accommodation tour. Students were punctual and beautifully presented in their school uniforms. They displayed impeccable manners and were extremely well-behaved. Many thanks to these students for their participation - it was a pleasure to take them off site to see what opportunities await them! *Linda Drenkhahn - Careers Advisor*

| Assessment Tasks Due<br>Term 1 Week 10 |                                     |
|--|-------------------------------------|
| Year 9                                 | Visual Arts<br>Photography<br>Music |
| Year 10                                | History<br>Photography              |
| SVC                                    | Preliminary Exams                   |



Daylight saving ends in NSW on **Sunday, 4 April 2020**, when clocks go back one hour at 3:00am.

Daylight saving will begin again in NSW on **Sunday, 3 October 2021**, when clocks will go forward one hour at 2:00am.

*Term 1 Canteen Meal Deal*  
*Monday 29/3 - Thursday 1/4*

Works Burger      \$6.50



*(orders on-line only)*



# STEWART HOUSE Donation Drive 2021

## Families & Supporters

Follow these 3  
easy steps

**STEP 1...** Take home the envelope and fill in your name, address, telephone number and school.

**STEP 2...** Insert a donation of at least \$2 into the envelope and seal it.

**STEP 3...** Return the envelope to your school / office.



## Stewart House Donation Drive 2021 Celebrating 90 years!

Your donation supports the 1,700 children who attend Stewart House each year from public schools across NSW and the ACT.

“ Staying at Stewart House was an important component of my childhood. I am thankful for the experience and that there were people out there that truly believed in kids from complex backgrounds, without judgement. ”

Email message from past student (10/10/2020)

**NSW Public Education's Charity of choice**

### Win a \$4,000 holiday/gift voucher

- Place a \$2 coin, or equivalent, in this envelope
- Complete entry details on the back
- Return to your school to be eligible for the draw



All entries must reach Stewart House by Friday 28th May 2021  
in time for the draw at 12pm on this date



**DEPUTY PRINCIPAL  
INSTRUCTIONAL LEADER:**

**Excelling at Cricket**

On Friday, 12 March Isaac Redman and Charlie Matheson represented our school at the recent Hunter Regional Cricket trials. The boys qualified for the event following selection at the Zone trials held earlier this term. With strong competition for a place on the combined schools team, Charlie was one of the 24 students from Newcastle and the surrounding Hunter Valley who progressed to the second round of the regional trails.

Charlie trialled for the positions of batsman and wicket keeper, vying for a position on the team of 11. Although Charlie was unsuccessful in gaining a team position, the selectors on the day complimented Charlie on his wicket keeping (he didn't drop a catch) and kept great positioning when keeping against fast and spin bowling and batted with precision. Congratulations Charlie and Isaac on representing our school. We are very proud of you.

**NSW Soccer Visit**

Students from K-3 participated in soccer workshops, based on teaching the students the skills of dribbling, kicking, heading and goalkeeping. All students had a wonderful time participating in these free clinics and it was wonderful to see the students actively participating in physical activity and learning and consolidating soccer skills. A big thank you to Danielle Davy and Jackie O'Connell for organising this activity and all sporting events this term.





## Thank You!

In what is still quite difficult circumstances surrounding parents participation in schools, I would like to thank all of you on behalf of the Primary staff. Even though restrictions have eased slightly, we have very much appreciated parents adhering to our initial drop off and pick up organisation, i.e. kiss and drop in the mornings at the bike racks and waiting at the front gate in the afternoon. This has seen many anxieties alleviated (both students and parents) before school with staff finding the current process really successful in the afternoon, which is feeling much more organised and SAFE. We know where our kids are, where they are going and who they are going with.

## 2022 Syllabus Changes

Next year the English and Mathematics Curriculums will be updated. Staff here at school have already been participating in workshops and professional learning to ensure a smooth change-over.

I have been attending a number of workshops in my instructional leadership role to decipher the changes and support staff. Sofie Dorney, Tiffany Griffis and I have been participating in Focus on Fluency and also Starting Strong based on numeracy for K-2. Haley Nicholson, Danielle Davy and I will participate in Working with Big Ideas- another numeracy focus for Years 3-6, which will support the new syllabus in 2022. *Debbie Booth*

## Upcoming Events

### Wednesday, 31 March

Year 2-12 Cross Country  
SRC Crazy sock Fundraiser

### Thursday, 1 April - Easter Hat Parade

### Tuesday, 27 April - Wednesday, 28 April

Primary Parent/Teacher Interviews (times to be advised)

## P&C Easter Raffle



Tickets will be sent home with the each student for family and friends to purchase at \$1 each. There will be 3 baskets of Easter goodies to win (as pictured).

Please return money and any unsold tickets to the office by Thursday, 1 April. The raffle will be drawn at the Easter Hat parade.

Thanks for your support.





*Bronze & Silver Awards*

**Year 2**

Jack Bates  
Cali Gibbs-Bradshaw  
Connor Guthrie  
Kaylee Hearne  
Leila Hunt  
Jaxon Styles  
Issac Swain

**Year 3/4**

Ariel Case  
Mia Garemyn  
Anna-Lynne Styles  
Xavier Wheaton

**Year 4/5**

Diesel Case  
Zachariah Chatfield  
Ruby Dibley  
Joshua Gordon  
Carly Green  
Andrew Kent  
Alexis King  
Lachlan Murray  
Ashton Sinclair  
Annabelle Smith  
Ryder Wheaton

**Year 6**

Lasey Baggins-Cupitt  
Nikita Wheaton



A reminder that Bronze, Silver and Gold Awards need to be kept in order to receive further awards (i.e. when a student has 3 Bronze Awards these should be handed in to receive a Silver Award...and so on).

*Rod Pye - Assistant Principal*

# BULLYING. NO WAY!

TAKE A STAND  
TOGETHER

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

## Signs of bullying

Each individual student who has been bullied or is bullying others will respond and act differently. A student's behaviours and moods can also change for a variety of reasons. However, the following are some signs that may indicate a student is experiencing bullying:

## Sometimes bullying can be less obvious. Signs can include:

- student is often alone or excluded from friendship groups at school
- student is a frequent target for teasing, mimicking or ridicule at school
- change in the student's ability or willingness to speak up in class and appears insecure or frightened.

## Signs a parent may report:

- doesn't want to go to school
- changes in sleep patterns
- changes in eating patterns
- frequent tears, anger, mood swings
- unexplained bruises, cuts, scratches
- missing or damaged belongings or clothes

## Students who are more likely to be bullied are also more likely to:

- feel disconnected from school and not like school
- lack quality friendships at school
- display high levels of emotionality that indicate vulnerability and low levels of resilience
- be less well accepted by peers, avoid conflict and be socially withdrawn
- have low self-esteem
- be relatively non-assertive
- be different in some way.



# BULLYING. NO WAY!

TAKE A STAND  
TOGETHER

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)

Parents and other carers have a key role in preventing and responding to bullying. Learn what bullying is and what it is not. This is the first step in talking about how to prevent or respond to bullying with your child. 'Bullying' is a word that is used for lots of things that are not actually bullying. These other behaviours may be just as serious, but may require different responses.

Schools can be much more effective when parents report bullying and support their efforts to deal with it. If your child reports that bullying is occurring at school, or the bullying involves students from the school outside of school, you should let the school know the situation.

Schools will work with you to resolve the situation and will also work with the other student's parents. Due to privacy laws, they will not be able to share information about any other students involved.



*Working together with the school is the best way to help your child resolve bullying issues.*



## Placement procedures for Year 5 entry to an opportunity class in 2022

### 'Intention to apply for Year 5 entry to an opportunity class in 2022' For rural/remote applicants

Dear Parent/Carer,

Opportunity classes cater for academically gifted and high potential students who may otherwise be without sufficient classmates at their own academic and social level.

A Year 5 virtual opportunity class at Aurora College is available for students in rural and remote NSW who will be attending schools on the following list in 2021: [https://www.aurora.nsw.edu.au/files/2020/02/Authorised\\_hosts.pdf](https://www.aurora.nsw.edu.au/files/2020/02/Authorised_hosts.pdf).

Students successfully placed at Aurora College attend their local public school and join the opportunity class for science, technology and mathematics lessons using an online conferencing system.

Students from non-government schools who are successfully placed will need to enrol in a public school on the list mentioned above. Further information is available at: <http://www.aurora.nsw.edu.au/>

#### **Testing**

Students who wish to be considered for opportunity class placement will sit the Opportunity Class Placement Test on **Wednesday 21 July 2021**.

#### **How to apply**

If you would like to have your child considered for Year 5 opportunity class entry in 2022, you need to apply between **Tuesday 20 April 2021** and **Friday 7 May 2021**. You will need to access the online application at: <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>. You must not use the child's email address. When selecting your choices, select 'Aurora College' and enter your host school (current school for public school students).

If you do not have internet access, you could apply at a public library. If you have a disability that prevents you from using a computer, you can contact the Team for assistance after **Tuesday 20 April 2021**.

You must submit only **ONE** application for each student.

#### **Important – the school cannot apply on your behalf.**

**THIS IS NOT AN APPLICATION FOR ENTRY TO AN OPPORTUNITY CLASS**

You will need to register and then apply through the Department's website:

<https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>

-----  
Cut along the dotted line and return the completed slip below by next Thursday.

Student's name: \_\_\_\_\_ Class: \_\_\_\_\_

I intend to apply for opportunity class placement in 2022..... Yes  No

#### **If Yes**

I have internet access and will be applying online .....

#### **OR**

I do not have internet access and will use the public library to complete the application ....

I understand that I need to register and then apply through the Department's website.

Bringing  
services  
to your  
community

April 14  
2021,  
9:00am to  
4:00pm



## We're bringing NSW Government services to communities with our Mobile Service Centres

Access frequently used services including:

- Driver Knowledge Tests
- Cost of Living service
- Birth, death and marriage certificates
- Driver licence and Photo Card applications and renewals
- Working With Children Checks.

Visit [service.nsw.gov.au/msc](https://service.nsw.gov.au/msc) to find out when we're next near you.

### Next In town



14th of April 2021 from 9:00am to 4:00pm at Wade Park 67 Crawford Street Bulahdelah NSW 2423





# BULAHDELAH Central School

*Strive to Achieve*



**Primary**

**Easter Hat Parade**

**Thursday, 1 April**

**P&C AGM: Wednesday, 31 March 3:45 pm**

**Next Newsletters for Term 2: 26 April; 10, 24 May; 7, 21 June**

**End of Term 1: 1 April**



<https://www.facebook.com/pages/Bulahdelah-Central-School>

[www.bulahdelah-c.schools.nsw.edu.au](http://www.bulahdelah-c.schools.nsw.edu.au)

Ph: 4997 4329

***“Learning is not a spectator sport.”***

*D Blocher*

