



Value of the Week

Determination. We work toward quality, success & recognition in a persevering manner. Do you keep on working towards your goals.

School Calendar

August

- 22-23** Year 11&12 Trail Exams
- 25-26** U/16 Girls Futsal
- 28-29** U/16 & U/19 Boys Futsal
- 29-31** Year 12 University of Sydney Open Day

September

- 9-11** Year 11&12 Trail Exams
- 11** Kindergarten Orientation
- 13** 7-12 World Cup Soccer
- 18** Kinder Orientation
- 20** K-6 Grandparents & Special Friends Day
- 23-24** Year 10 Zoo Snooze



Meetings are held at BCS every second Wednesday of the month at 3:45pm.

Next meetings are:
14th August
11th September:



8 Meade Street, Bulahdelah 2423
Phone: 4997 4329 Fax: 4997 4512
bulahdelah-c.school@det.nsw.edu.au

Christmas in



"Our group were delighted with the day and the amazing confidence and politeness of the students. The performance was second to none."

Neighbour Care Co-Ordinator Lurline Trustum





PRINCIPAL'S REPORT:

Staff Changes

I would like to congratulate



Pamela Gollan who has been successful through merit selection in gaining the position Head Teacher Science at Bulahdelah Central School. I would also like to thank Natalie Stanfield for relieving as Head Teacher Science this term.

This term we will welcome Talara Morris to the Physical Education faculty. Talara will commence at Bulahdelah Central School on Monday, 19th August, Week 5 of this term.

Entering School Grounds

Visitors (including parents, carers and volunteers) are not to enter the school grounds without first signing in and out at the Office before entering and leaving school grounds.

Visitors are not to enter the playground or go to the classrooms during class time, or at lunch or recess time. If they wish to bring their child's recess or lunch to school, it must be left at the office and delivery will be arranged. *George Frangos*

Road Safety - On and off the bus safely

Your child is most at risk in the minutes after getting off the bus. You can reduce this risk by following these helpful hints.

- Meet your child (or arrange for another trusted adult to meet your child) at the bus stop, never on the opposite side of the road.
- Wait until the bus has been driven away before choosing the safest place to cross the road, then follow the usual road crossing procedures with your children.
- **STOP!** One step back from the kerb.
- **LOOK!** For traffic to your right, left and right again.

- **LISTEN!** For the sounds of approaching traffic.
- **THINK!** Whether it is safe to cross.
- Teach your children to keep turning their head in both directions to look and listen for traffic as they cross the road.
- While waiting at the bus stop, stand well away from the passing traffic. Never wait right at the kerb. Remind your children that when a bus is fitted with seatbelts, they must buckle up. The best way to keep young children safe from traffic injuries is to hold their hand or hold them close. You can stop them from running into dangerous situations by holding their hand when approaching the road/bus.

School Zones

40km/h school zones help protect children on their way to and from schools at the times and places where they are often in high numbers. This lower speed limit reduces the risk and potential severity of a crash.

Kids look to you to keep them safe...

Know the signs. Know the rules.



Bus Zones

Stopping is not permitted during the times shown on this sign.



No Stopping Zones

Stopping is not permitted any time.



No Parking Zones

Drivers may drop off or pick up children during the times shown, but note:

- the maximum stopping time is 2 minutes
- the driver must remain within 3 metres of the vehicle.

Fines and loss of demerit points apply.

CHRISTMAS in July

Our music students entertained local residents and visitors from the Dungog Neighbour Care group at a Christmas in July celebrations recently held at the Bulahdelah Bowling Club.

Decked in Santa hats, reindeer antlers and colourful tinsel, the students from Years 4-11 sparkled as they performed a dozen Christmas carols to the delight of the appreciative crowd. With beaming smiles, the musicians sang, danced and jingled bells, ensuring the guests were merry and bright.

A much anticipated visit from Santa did not disappoint, with the bearded man in red congratulating the students on their wonderful performances. In the spirit of the festive occasion, our students also presented each of the elderly guests with a gift.

We thank our parents and grandparents who joined us for the performance and extend a special thank you to Paul Spitiri from Bulahdelah Bus Company for his assistance on the day. *Wendy Parsons - Music Teacher & Band Co-ordinator*





REL. DEPUTY PRINCIPAL:

Currently, BCS staff are planning for 2020 school year. We have asked Years 8 to 11 students to indicate which courses they would like to undertake for the

next academic year. Students in Years 10 and 11 will have interviews over the coming week with Linda Drenkhahn, George Frangos or myself to determine the correct pattern of study for each individual student. After this process, our school executive will review and determine which courses will be running and start our timetabling process. Students and parents will be kept informed throughout the process of the courses that will be offered.

Over the next few weeks, our Year 11 and 12 students are starting their trial HSC exams and completing major projects for marking by outside external HSC markers. We wish all these students the very best of luck during this time.

The Primary Department held their Public Speaking competition on Thursday, 8th August. Students from Kindergarten to Year 6 participated in the competition. Congratulations to all of our grand finalists and the winners on the day.

During week 2 of this term, some of our Primary and Secondary students competed at the Regional Athletics Carnival in Newcastle. They had some outstanding results and performed above their expectations. Congratulations to Angus Devon who has now made it to the State Championships to be held in September at Sydney Olympic Park. Well done to all students. *Chris Gladys*

Assessment Tasks Due Term 3

TERM	Week 4	Week 5
Year 9		9/10 iSTEM 9/10 Forensic Hist. English PDHPE
Year 10	Science	9/10 iSTEM 9/10 Forensic Hist.
Senior Vertical Curriculum	Drama Exploring Early Childhood Mathematics Physics	TRIALS: Music English Legal

There is no doubt that Year 12 will possibly be one of the most difficult periods of your child's life. Not only is this a stressful time for young men and women, parents also tend to ride a roller coaster of emotions throughout this 12 months. While we can't sit their exams for them, there are things we can do to reduce their pressures and help them achieve their best!

A Team Approach

The formula for success in the HSC is when parents, children and teachers all work together towards the same goals. It's important to remember that your child's teachers will be attempting to help out in as many ways as they can. In almost all cases, they're happy to talk to you or your child about issues that might arise in the year. Schools prefer it when you get in touch before a problem arises and, usually, issues can be worked out quickly and positively. Some specific ways to assist may be to cook them their favourite food, do their washing and ensure they have a private, quiet space to study. Read their English play with them, proofread their essays, and listen to their oral presentations with their permission of course!

How to best support your child during their HSC

Aim to build a support network of teachers, friends and families around your child for guidance and a helping hand.

- Talk to your child! Keep the lines of communication open at all times (especially during the most stressful).
- Stay informed by attending and speaking to teachers/ university representatives, etc.
- Negotiate your expectations around study, free time and leisure activities. This may require some flexibility on your part.
- Celebrate successes throughout the year. This can be as simple as improving the result in a task or achieving a short-term goal.
- Aim to reduce the family stressors on your child, especially around examination time.
- Be realistic as to what your son/daughter may be able to achieve in the HSC.
- Provide as much practical, loving support as you can!



STATE ATHLETICS



2019 NSW All Schools Championships

Over 1700 secondary school athletes will converge on Sydney Olympic Park Athletic Centre from Thursday, 26th to Sunday, 29th September for the 2019 NSW All Schools Track & Field Championships; the state championships for secondary school athletes. Open to all secondary school students across NSW, this year's edition of the All Schools Championships will be the biggest and best one yet!

Bulahdelah Central will be represented at the Championships by Angus Devon (Year 10) who qualified for State in both shot put and discus. Angus has performed extremely well at Zone and Regional levels to qualify for the State Championships. We wish Angus the very best and hope he does well at the Championships in September. Ryver Fitzgerald (Year 9) also had a very pleasing results at Regional level, he came 4th in the 100m. Well done!

A day of dance at Irrawang High School

On Wednesday, 31st July Micheala Sawtell and her students from the Multi Category class attended the Dance Workshop held at Irrawang High School.

Selected Irrawang High School students and senior students from Newcastle schools along with our very talented students (Jaymii Ray, Harrison Hughes and Jacob Wilkinson) spent the day learning and practicing a number of dance moves. They were under the guidance of two professional dance members from The Arts Initiative Unit of the Education Department based in Sydney.

The students quickly warmed up and familiarised themselves with the steps to many dances choreographed to top contemporary tunes such as "Old Town Road". The students performed impressively and conducted themselves impeccably when socialising with other students. They gave 100% in passion and energy in their practice routines and final performance at the end of the day. The students are looking forward to performing at the next available opportunity to show the school community what snappy moves they learnt. Watch out Psy, Gangnam Style has nothing on the BCS students. *Micheala Sawtell - Multi Category Teacher*





Logan Guthrie Year 10 is currently doing his work experience at the Vet Clinic in Tea Gardens. They have reported that they are so happy to have Logan doing his work experience with them.

"Logan has been helping us in all areas of the clinic, even helping run blood test. He looked after our little Suzi and gave her the most important treatment of all - cuddles! " Great job Logan. Linda Drenkhahn - Careers Teacher



I CAN READ

What's your super power?

ASSESSMENT SCHEDULE TERM 3 YEAR 7

Subject Area	Assessment	Due date	Weighting
Geography		Week 5 23rd August	30%
Mathematics		Week 5 23rd August	
Music	Drum Performance Theory Test (Musical notation)	Week 7 & 8 2nd September	10% 20%
English	Unit Focus: "Manga-nificent I-manga-"nation Task: Transformation	Week 7 2nd September	20%
History	Unit Focus: "Ancient India" Task: Oral Presentation/ PowerPoint 2- 3min speech	Week 7 2nd September	25%
Mathematics		Week 10 23rd September	
Art	Unit Focus: "Space" Task ; Clay Building	Week 10 23rd September	25%

DEPUTY PRINCIPAL INSTRUCTIONAL LEADER:

Honing Hearing Has Benefits

During week three Courtney Rodgers and I attended professional

learning relating to phonological

awareness. Phonological awareness is the ability to hear, identify and say the separate parts of words such as rhymes and letter sounds. It has been shown in numerous studies to be one of the best predictors of initial reading progress.

Beginning readers must develop an understanding that spoken words are made up of individual and distinguishable sounds, rather than thinking of each word as a continual stream. Students need to be able to combine individual phonemes (sounds) to construct a spoken word, and when given a spoken word, break it down into its phonemes. When you engage children in simple phonological awareness tasks, you can give them a head start in success in learning to read and spell.

Simple activities that will help develop your child's phonological awareness include:

- Singing nursery rhymes anywhere and everywhere. This will help your child's language, rhyme, repetition and rhythm. All important components of phonological awareness.
- Read rhyming books, e.g. *"The Cat in the Hat"* by Dr Seuss and *"Doodledum Dancing"* by Pamela Allen
- Take turns to come up with words that rhyme, e.g. *"What other words rhyme with car?"*
- Ask your child to clap with you as you sound out the syllables in words, e.g. sunshine (sun-shine, 2 claps) and wonderful (won-der-ful, 3 claps).
- Teach your child the separate sounds in their name, e.g. Sam has 3 sounds – sss-aaa-mmm.
- Talk about the separate sounds in words, e.g. *"Do you hear /mmmm/ in the word mmmmoon? Do we hear the /mmmm/ in the word cake? What is the first sound you hear in dog?"*
- Play word games that encourage children to learn sounds, e.g. 'I Spy' – *"I spy with my my little eye something beginning with /ffff/? What do you think I'm looking at that starts with that sound?"*
- Choose a letter and play variations of the game *"I went to the shop and I bought..."*, e.g. I went to the shop and I bought a cup. I went to the shop and I bought a cup and a crocodile, etc. For a trickier version, the next player's item must start with the last sound in the previous player's item,

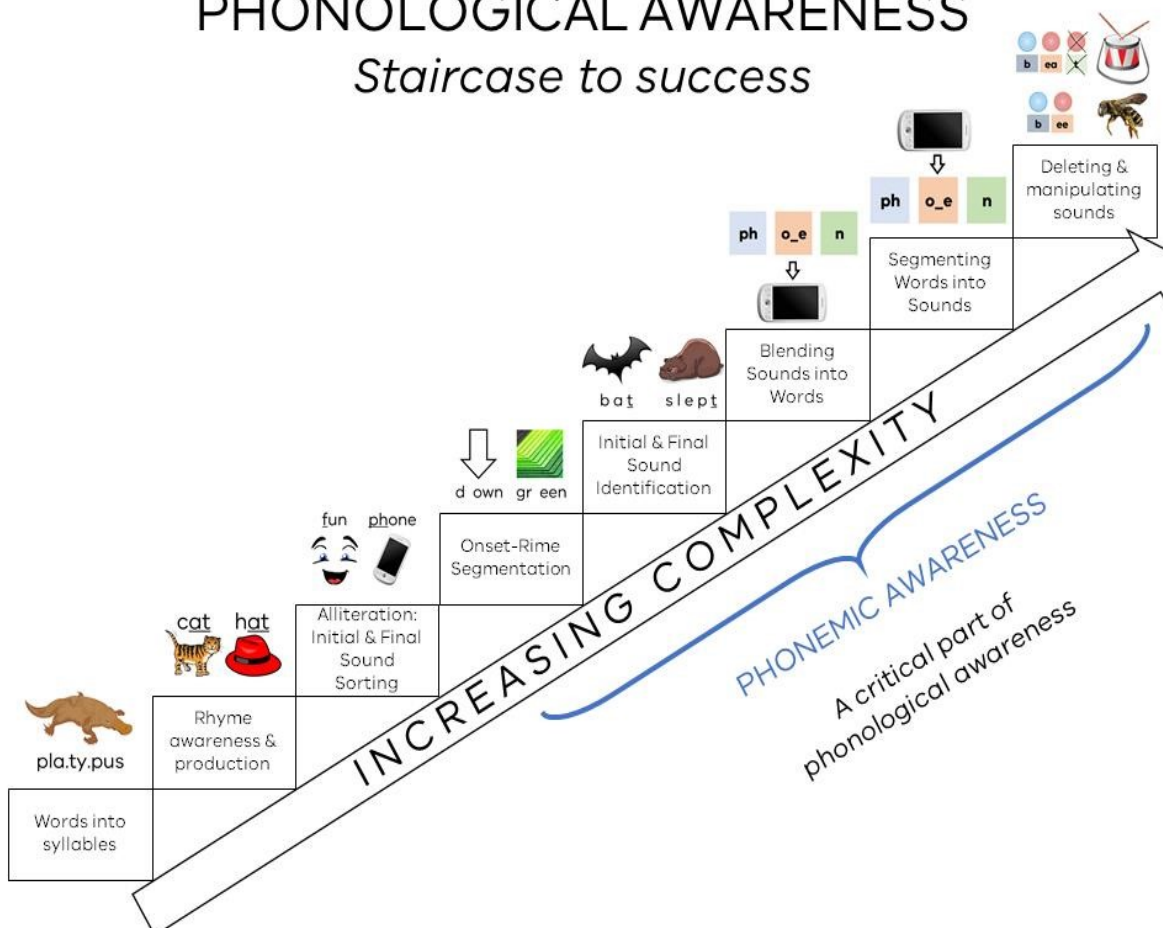
e.g. I went to the shop and I bought a cup. I went to the shop and I bought a cup and a pig.

- Become a robot leader! Say this rhyme in a robot voice, sound out simple words, and have your child respond: *"I am a robot. Can you help me? Can you tell me what I see? I see a /c/ /a/ /p/."* Encourage your child to repeat the rhyme in "robot talk" and then blend the final word to answer the robot's question, i.e. cap.

So please help hone hearing! Debbie Booth

PHONOLOGICAL AWARENESS

Staircase to success





Class Captains for Term 3 Announced

At the Primary Assembly on Monday, 5th August, the newly elected class Captains for Term 3 were sworn in. After repeating their pledges, parents were invited to pin their child's class captain badge on.

These students have sworn to uphold the school **Positive Behaviour for Learning** expectations of **Pride, Respect, Innovation, Determination and Excellence**, at all times.

Their classroom responsibilities include: delivering messages, addressing morning assemblies, assisting their teacher, classmates and visitors and monitoring rubbish in class designated areas.

1. Take rolls, notes, messages, classmates to office or other classrooms when required.
2. In morning assemblies messages will be given via the class captains.
3. Assist classroom teacher (or casual replacement) with equipment (handing out, collecting etc.)
4. Monitor rubbish in designated lunch eating areas.
5. Assist Jody Mostyn in ensuring the Library is tidy after lessons.

Class Captains for Term 3 are:

Kindergarten	Ava Masters, Jaxon Styles
Year 1/2	Danielle Hall, Xavier Wheaton
Year 2/3	Abbiegail Ray, Banjo Edwards
Year 3/4	Isla Sumner, Jack Murray
Year 5	Amethyst Bishell, Alex Lucas
Year 6	Ellie Bonfield, Corey Cunningham

The teachers would also like to thank those students who performed the role of Class Captain during Term 2. Thank you all for the wonderful leadership you displayed throughout the term.



Positive Behaviour for Learning Role Models

Congratulations to Bonnie Minns and Henry O'Connell who were the recipients of the Police PBL Award at the assembly also. Both Bonnie and Henry always display our school's **PRIDE**

values and demonstrate excellence and determination in all their schoolwork, playground behaviour and due diligence. Well done Bonnie and Henry. *Debbie Booth*



Friday, 20th September

HAPPY GRANDPARENTS DAY



Wow!

Was the word on the lips of the adjudicators for the Primary Public Speaking Competition, such was the high level of accomplishment, which was displayed between the finalists. Each and every one of these finalists displayed excellence and personal best in the true ethos of public speaking. The topics amongst the students were wide, varied and some very humorous - from Lego to Sharks to the Moon Landing and even a speech on Today.

The adjudicators had a very difficult task selecting a Champion from each Stage. Congratulations to the following students who were declared Finalists and Champions of their Stage. Well done everyone!

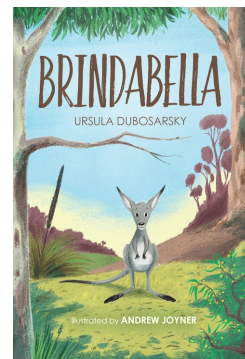
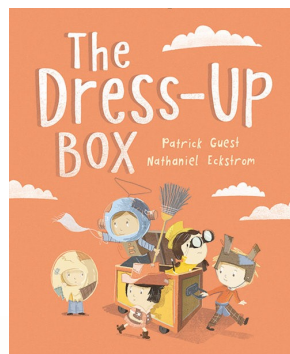
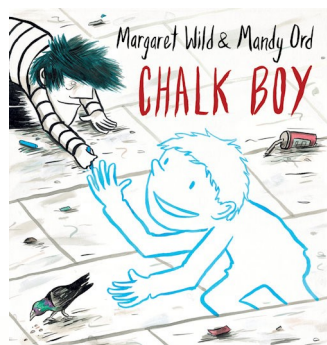
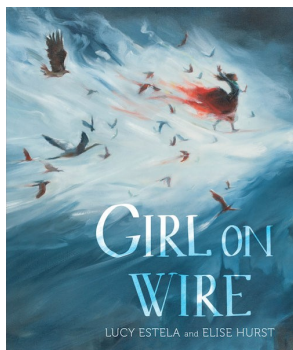
STAGE	FINALISTS	STAGE CHAMPIONS
EARLY STAGE	Ava Masters Abbie Cassar Jaxon Styles	Harley Burdekin
STAGE 1	Levi Cassar Josiah Reitsma Andrew Kent	Ruby Dibley
STAGE 2	Jasper Gibbs Henry O'Connell Charlie Matheson	Grace McRae
STAGE 3	Blake Matheson Chilali Baggins-Cuppitt Lillian Jenkins Nathaniel Reistma	Aiden Miles



Book Week
17-23 August



Reading is my Secret Power



**READING
IS MY
SUPERPOWER**





PRIMARY ASSEMBLIES

TERM 3

Monday @ 2:00pm

Week 6: 26th August

Week 9: 16th September



Mon	Beef Hamburger	\$6.00
Tues	Chicken Parmigiana	\$6.50
Wed	Apricot Chicken with Rice	\$6.00
Thur	Stir Fry & Rice	\$6.50
Fri	Hawaiian Burger	\$6.50

Orders need to be in by 9:00am



Need assistance with your homework? Join us:

BCS Student Support Centre

Monday afternoons

3:30pm - 4:15pm

Also Week A lunch times on

Monday, Tuesday, Wednesday & Friday

Primary and Secondary students welcome.

Kim Rigley - Teacher

OR

Tea Gardens Library

Wednesday afternoons

3:15pm - 4:45pm

Primary and Secondary students welcome.

Carol Johnson - Librarian





Bulahdelah Cricket Club

is taking expressions of interest for
Junior Cricket
and
Woolworths Cricket Blast.

If anyone is interested, please contact
Geoff Matheson 0400 487237 or
Erin Matheson 0428 457367
before the 30th August.

Principal Sponsor

RSL LifeCare
Adding life to years and years to life

DIY MEMORY WALK & JOG
GET ACTIVE. BEAT DEMENTIA.

Tea Gardens/Hawks Nest supports the fight against Dementia

Where:	Myall Park Tennis Club Yamba Street, Hawks Nest
When:	Sunday, 25th August 9:00am - 1:00pm
Distance Option:	2km 6Km 10Km
Entry:	Adults \$20 Children & Seniors \$10
Register:	www.memorywalk.com.au/events/104/myall-park-tennis-club-memory-walk
Donate:	www.memorywalk.com.au/event/donate/104/myall-park-tennis-club-memory-walk

Want to be a volunteer or need more information? Contact Chris on 0403 773 647



Bulahdelah Show Society

is introducing
a new class;
Section 8
in the
pavilion at this
years show.

15th & 16th November 2019

Aussie Letterbox

Design and create your own unique letterbox and enter it in this years Bulahdelah Show. Whether it's a bushranger, dog, bee or sculpture we want you to enter your Aussie Letterbox. Entry details are published in the Pavilions schedule later this year.

The letter box must be freestanding and no larger than: 40cm deep x 40cm wide and 150cm tall.



Exciting new children's classes in the 2019 Bulahdelah Show Pavilions

See 2019 Pavilion Schedule for more details, prize money and Pavilion entry conditions at the
Bulahdelah Show Society website
www.bulahdelahshowsociety.org.au

Section 9 - Preschool



- Grass head grown in a Jar.
- Clay sculpture of an animal.
- Christmas tree ornament.
- Plant grown in a old boot .
- Iced milk arrowroot biscuits Choc chip. Biscuits.



Section 10 - Kinder, Years 1 & 2



- Grass head grown in a jar.
- Paper Flowers (3) in a jar.
- Paper aeroplane.
- Clay sculpture.
- Bowl of Fruit.
- Christmas tree ornament.
- Plant grown in a old boot.
- Jam drops.



Section 11 - Years 3-6



- Paddle pop stick house.
- Clay sculpture of an "Outdoor Dunny".
- Christmas tree ornament .
- Plant grown in a old boot.
- Gingerbread man.





BULAHDELAH Central School

Strive to Achieve



**Grandparents'
DAY** Friday, 20th September

P&C Meetings:

14th August, 11th September

Next Newsletters for Term 3:

26th August; 9th, 23rd September

End of Term 3: 27th September



<https://www.facebook.com/pages/Bulahdelah-Central-School>

www.bulahdelah-c.schools.nsw.edu.au

Ph: 4997 4329

***“A good teacher is a doctor who heals ignorance
and
an artist who inspires creativity.”*** *Unknown*

