

Value of the Week

Respect. We respect the rights of others, ourselves & the school in an environment of harmony & personal responsibility. Do you respect yourself, respect others & take responsibility for your own actions?

School Calendar July

30 Stage 5 & 6 Subject Selection Night Secondary Regional Athletics Primary Zone Athletics

August

2 Primary Zone Athletics

3 Years 10-12 Chatham Careers

8 K-6 Public Speaking

22-23 Year 11&12 Trail Exams

September

9-11 Year 11&12 Trail Exams

20 K-6 Grandparents & Special Friends Day



Meetings are held at BCS every second Wednesday of the month at 3:45pm. Next meetings are:

> 14th August 11th September



8 Meade Street, Bulahdelah 2423 Phone: 4997 4329 Fax: 4997 4512 bulahdelah-c.school@det.nsw.edu.au

BCS CAPTAINS2019/2020



Amelia Fenwick Captain



Bailey Middleton Captain









Vice Captains: Heidi Buchanan, Hunter Bramble, Tahlia Read & Flynn Weiley



PRINCIPAL'S REPORT:

Congratulations to our new school captains and vice captains. We are looking forward to your leadership at Bulahdelah Central School.

I would like to acknowledge our outgoing captains Ashleigh Dorney, Liam Garemyn, Madison Hurtado and Jordyn Watt for their outstanding leadership demonstrated whilst representing Bulahdelah Central School.

I would like to congratulate Amelia Fenwick who has received a scholarship to attend the Luminosity Youth Summit.

Collection of Data – School Students with Disability What is the National Data Collection?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection) is an annual collection that counts the number of school students with disability and the level of reasonable educational adjustment they are provided with.

The National Data Collection counts students who have been identified by a school team as receiving an adjustment to address a disability under the *Disability Discrimination Act 1992* (the DDA). The DDA can be accessed from the ComLaw website at www.comlaw.gov.au

What is the benefit for my child?

The aim of the national data collection is to collect quality information about school students with disability in Australia.

This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the same basis as students without disability.

The national data collection is an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

Why is this data being collected?

All schools across Australia collect information about students with disability. The type of information currently collected varies between each state and territory and across government, Catholic and independent school sectors.

When undertaking the national data collection, every school in Australia will use the same method to collect information. Therefore, a government school in suburban Sydney will collect and submit data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

What information will be collected?

Every year your child's school will collect the following information for each student with a disability:

- The student's level of education (i.e. primary or secondary).
- The student's level of adjustment.
- The student's broad type of disability.

The information collected by schools will be provided to all governments to inform policy and program improvement for students with disability.

How will my child's privacy be protected?

Protecting the privacy and confidentiality of all students and their families is essential. Personal details such as student names or other identifying information will not be provided to local or federal education authorities.

Further information about the national data collection can be found at https://www.education.gov.au/what-nationally-consistent-collection-data-school-students-disability *George Frangos*



Luminosity Youth Summit 2019 PORT MACQUARIE NSW 24 - 26 JULY 2019

Amelia Fenwick (Year

12) has received a free scholarship to attend this years Luminosity Youth Summit from the **Holiday Coast Credit** Union. She was 1 of 10 scholarships granted!

Luminosity Youth Summit is a dynamic national three day forum uplifting young

people to explore dangerous ideas for success. The event ignites creativity, excellence and entrepreneurship and fosters purpose and wellbeing amongst young people aged 15 - 25.

Over 1800 young delegates have experienced the program over the last 6 years and are a diverse cohort of young people from regional and rural areas from a wide variety of social, economic and cultural backgrounds.

They are encouraged to create action plans for success so they can move into adulthood and careers with passion, social conscience, innovation and enterprising ideas. High profile presenters and local business leaders are selected and come together from across Australia and the world to engage youth in workshops, presentations, masterclasses and interactive sessions. The event is volunteer powered and supported by regional businesses, schools and organisations.

The summit provides an opportunity to regional youth that they would not normally have access to and a quality and level of education and opportunity provided in a capital city.

Luminosity communicates that anything is possible, that there are many paths to success not just the traditional pathways. Speakers and facilitators clearly communicate and are living proof that your academic ability, postcode, financial background or ethnicity do not determine your trajectory for success. Luminosity was created to remove the road blocks provided by regional and rural distance and bring an event of this calibre to coastal NSW. No longer needing to travel to metro areas world class speakers are right here in Port Macquarie to share their stories, to facilitate change in the hearts and mind of our young people and ultimately our broader community. Amelia will hear from the various speakers below. What a great opportunity!









DR KARL KRUSZELNICKI - AM MEDIA PERSONALITY & AUSTRALIA'S MOST LOVED SCIENCE COMMUNICATOR

NADINE CHAMPION MARTIAL ARTS SENSEI & AUTHOR 10 SECONDS OF COURAGE

DR JORDAN NGUYEN BIOMEDICAL ENGINEER. TV PRESENTER & FUTURIST

COSENTINO AUSTRALIA'S NUMBER 1 MAGICIAN, ILLUSIONIST & ESCAPOLOGIST



TRENT MAXWELL - LIFEGUARD MAXI FIREFIGHTER, BONDI LIFEGUARD, TV PERSONALITY TOURISM AUS + ROYAL LIFE SAVING UK AMBASSADOR



JADE WELLER ENTREPRENEUR FOUNDER JADESTART



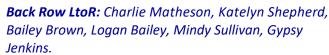
NAT HEATH INDIGENOUS MARATHON PROJECT & KONA IRONMAN



LIZ VOLPE SOCIAL ENTREPRENEUR FOUNDER OF AMBISIE & PROJECT GEN Z

FROM BULAHDELAH CENTRAL SCHOOL TO BEYOND!





Front Row LtoR: Xara Sumner, Liam Garemyn, Scarlet Ray, Cody Loveday, Isaac Swain

Senior students at Bulahdelah Central School had the opportunity to build and code machines known as Mars Rovers during the year. These machines were based on designs of craft that could explore planets in space. As we celebrate fifty years since the moon landing, senior students took time from their busy schedule to explain and demonstrate to our primary students how these machines work. They used the latest technology and explained how they would be used by astronauts to explore the unknown. From Bulahdelah Central School to beyond! Debbie Booth





"One small step for a man, one giant leap for mankind." The Apollo 11 mission occurred eight years after President John F Kennedy (1917-63) announced a national goal of landing a man on the moon by the end of the 1960s. Apollo 17, the final manned moon mission, took place in 1972.

The legacy of that mission - and all the Apollo missions - is immense. Its impact spanned science, culture, and politics. The 50th anniversary is a good time to take stock of what we've learned from exploring the moon and to wonder about what we'll find when we go back. It may happen sooner than you'd think: NASA is currently aiming for a 2024 crewed mission to the moon. That's just five years away.



REL. DEPUTY PRINCIPAL:

Welcome back to Term 3. This is an exciting term ahead for many of our students. During the next few weeks students in Years 8, 9, 10 and

11 will be completing the online process for selecting subjects for the 2020 school year.

Year 10 and 11 students will have the opportunity to participate in taster lessons on Monday, 29th July. All students and their parents have been invited to a subject information evening on Tuesday, 30th July, in the school library, which will provide information about Stage 5 (5:30am to 6:00pm) and Stage 6 (6:00pm to 7:00pm) courses. Staff will be on hand to answer any questions and queries parents and students may have about their future subjects.

On Friday, 26th July, Tyson Oakley was able to accompany our new school leaders to a leadership breakfast hosted by Stephen Bromhead, Member for Myall Lakes, at Taree. The students were able to brainstorm ideas with other schools about issues for youth in our area. He spoke to our captains about his own personal and professional experiences with regards to leadership.

On Tuesday, 22nd July we received our new school Aboriginal shirts. These shirts will be worn by students and staff on special occasions throughout the school term. Students will be notified when these shirts can be worn to school.



A big thank you to Michelle Gray for her organisation in

designing and ordering the Aboriginal shirts. *Chris Gladys*

Assessment Tasks Due Term 3

TERM	Week 2	Week 3
Year 10	Ind. Tech Farm Maintenance Photography	
Senior Vertical Curriculum		Drama English Studies Ind. Tech. SLR PDHPE





On Wednesday, 3rd July 2019, students and staff from Bulahdelah Central School travelled to Gloucester for the annual Chris Hoare Cup. Spirits were high as all teams had trained hard for this day. They were all excited in taking the field in their respective sports.

After a slow start the U/16s girls found their form and eventually won 3-0.

The open girls touch football had a tough game against Gloucester, they played hard and never gave up but sadly went down 14-0. The U/14s Rugby League was all rush from the first whistle. There were also some early injuries which hindered Bulahdelah Central. The boys fought on and came up with some wonderful tries, but went down 28-22.

The open boys soccer saw some heated tackles from both sides, but the boys played well as a team and defeated Gloucester High 3-0.

The main event, the open Rugby League game was not without it's typical injuries, hard tackles, hit ups and amazing tries. These boys fought gallantly in the final 10 minutes including a 70m try from Angus Devon, but this still was not enough against a faster Gloucester team this year as they were defeated 48-18.

Thank you to all the staff who were involved in the lead up and on the gala day including Dave Rose, Jake Kinnear, Jody Mostyn and Brent Smith.

Thank you to Jenny and Steven Hoare for their support and all the parents and staff who made the trip to support our teams. Thank you to George Frangos for purchasing the new jerseys which looked great. *Tyson Oakley - Sports Coordinator*







At the end of Term 2, 36 students from Bulahdelah Central school attended an overnight excursion to the Western Sydney HSC and Careers Expo. They visited the University of Sydney campus and Google. Students were selected based on their previously noted career aspirations and/or ATAR eligibility, and this was made possible through a K-12 Rural and Remote Career Education grant from NSW DEC.

All students attended at least one seminar of interest at the expo. They made the most of the opportunity to speak to a variety of exhibitors about courses, employment opportunities and GAP year options.

The campus tour of University of Sydney was a brief introduction to a huge university campus. Students were especially impressed with the history of the university and the sandstone buildings. They also enjoyed a short presentation which covered course options, pathways to university, scholarships, accommodation and international exchange.

Thursday evening provided the opportunity to enjoy a variety of international foods at the food court at Broadway. They also had the chance to do a spot of late night shopping, before we all enjoyed a late movie at the new Palace cinema complex, also on Broadway.

On Friday we made our way through Darling Harbour to the Google offices in Pyrmont. Students enjoyed a comprehensive presentation about careers in Engineering (as Google is actually an engineering company), jobs that exist now that didn't just a few



years ago and where jobs with Google are heading in the future. The tour of the Google offices were a highlight, there is less than 50 steps to free food if you are an employee! Staff can enjoy anything from a coffee and bowl of cereal to a fully cooked chef prepared meal, 24/7. There are sleep pods for a rest if employees need a nap. They also have access to a gym, movie theatre, places to park your scooter or skateboard and bathroom facilities that cater for absolutely everyone (including the toilets).



Office spaces are designed by staff and include a variety of themes, including the 'upside down' office, and meeting rooms made out of old monorail carriages.

Students conducted themselves with Bulahdelah PRIDE and benefited greatly from the opportunity and experience. *Linda Drenkhahn - Careers Teacher*





On Friday, 28th June students travelled to Newcastle. First they attacked the Ninja Parc course and climbing walls. Alexander Jay (AJ) mastered the pole steps whilst Amber Cunningham and Raylee Kierens raced each other up one of the climbs. Jimmy Bishell was the fastest climber of the day, reaching the top in only 8.22 seconds.



Congratulations to all students involved on your excellent attendance in Term 2. Warren Jones - Head Teacher Wellbeing







The Koori Kids performance group have celebrated NAIDOC week in a variety of ways. The secondary performers were presented with their performance jackets featuring a Pauline Syron-Coxon (BCS School Captain 1988) painting. They travelled to Coolongolook and Bungwahl Primary Schools to share culture and focus on the NAIDOC 2019 theme of 'Voice Treaty Truth'. As part of their presentation they performed traditional dances, sang in Koori language and led Primary students in a variety of Indigenous games.

At Bungwahl Primary School they were fed a meal prepared by the students of Bungwahl utilising produce from their school garden and Indigenous garden.

The performance group also visited Nerani for a quick photo shoot to highlight their fantastic new jackets.

Term 3 they will be travelling to Booral Public School for another NAIDOC presentation and will be scheduling some events in the Tea Gardens Hawks Nest area. *Michelle Gray - Aboriginal Education Co-ordinator*



Madison Hurtado has been training in Karate here in Bulahdelah for the past 10 years. In the past Madison's determination has gained her a position in the Australian Squad where she was able to represent Australia in Martial Arts in New Zealand. She came away as the New Zealand Champion for her age in KATA (Choreographed Pattern).

On the 13th of April 2019 Madison travelled with her father to Japan. On the 20th of April while in Kanazawa, Madison was invited to participate in a Martial Arts grading (under Sensei Farrell, 6th DAN and 4 other black belts). Madison passed her grading and was awarded a 1st DAN Black Belt.

Not many people in Australia can say they have received their Black Belt in Japan, the home of KARATE.

Madison continues to train and assist teaching with our local Karate Club. Well done Madison and congratulations on your accomplishments. *Debbie Hurtado*



DEPUTY PRINCIPAL INSTRUCTIONAL LEADER:

Public Speaking- Good/Bad/
Indifferent or Just Plain Scary!
As students in Years K-6 have begun
to prepare for their school public

speaking competition, it got me wondering about the importance and benefits of talking to others throughout our lives.

According to Ralph Waldo Emerson, "Speech is power, speech is to persuade, to convert, to compel." Powerful words, but something I have seen from students, of all ages, many times over in my thirty year career as a teacher.

Speaking in front of others is something that your child will encounter throughout their life. Whether it's reading a book report to their class, interviewing for their first job, or presenting to an important client during their career. Being able to speak to the public or a group of people confidently is a vital asset they will need throughout their life. Some children are naturally outgoing, but others are shyer requiring you as a parent to help instill the confidence in them. They need to be able to speak to others without anxiety or fear.

To help your child achieve better public speaking abilities, there are a few tips you can try.

Put the concept to practice early in their Life

You can do this through play acting. Create plays where you can give them roles such as the king delivering a speech to their citizens. Make them president or head of the family for a day and have them deliver an acceptance speech.

Give them feedback, but wait until the end

It is important to give your child a lot of positive feedback when they are practicing for public speaking, but make sure you give them feedback. Simply saying "it's great," or "I liked it," does not help them make improvements where they are needed. Remember to wait until your child is through the piece before providing feedback so you don't interrupt their train of thought.

Record their practice sessions

It is sometimes easiest to see where you need to make improvements when you can view the speech the same way the audience does. If your child is preparing for a presentation, or even something as simple as a book report, record their speech. Play it back to them, providing them positive feedback about what the strengths were as well as areas they can improve on.

Encourage Confidence Throughout Their Daily Lives

Confidence is not something that comes overnight. Confidence needs to be instilled from a young age and nurtured throughout life. Little things can instill great confidence in children, such as being able to order their own meals, encouraging them to have some time to discuss the events of their day at dinner. You can also allow them to do things on their own even if you know they will make a mistake. It is also essential that you model confidence in front of your children because they learn the most from watching others. When you are calm and confident, your child will see this behavior and mimic it.

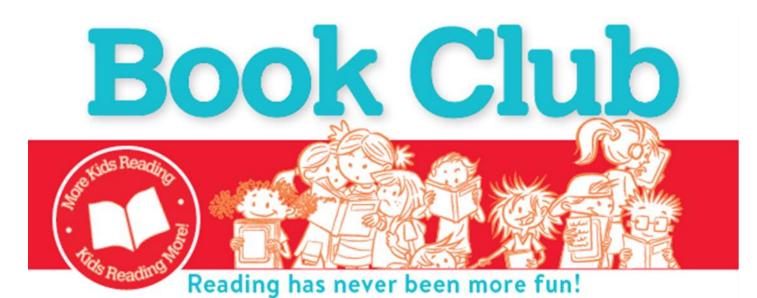
Becoming a good public speaker does not always happen overnight, and while it may come easy for some children, it can be extremely difficult for others. If you try the tips above, you can help prepare your child to be a better speaker and instill the confidence they need to interact with others no matter how large the crowd.



We look forward to you all visiting our school for the Public Speaking Finals that are to be held on Thursday, 8th August to see our student finalists demonstrate their courage and ability to speak. As Winston Churchill said,

"Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen".

Debbie Booth



LOOP! Linked Online Ordering & Payment

What's New in Issue 5?









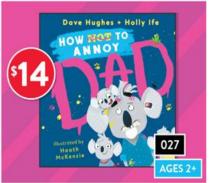














Book Club orders are due:

Friday, 9th August



Personal guidance is provided to students in a form of a feedback to their entries, so they can refine their skills. Cash prizes make this competition exciting and appealing to students.

By introducing story illustration to young people, we give artistically inclined students the opportunity to participate in this competition, and to enhance a written story with an appealing graphical presentation.

This competition provides an opportunity for writers and illustrators to explore topics and techniques of their choice, and experience the joy of creation and achievement.

We believe that participation in this competition will enhance students' communication skills and increase their confidence.

Illustration Competition 2019

Merit Award

Ezra Hammerl Year 6 'Between' Isabella Sumner Year 6 'Depths' Mathew Thompson Year 6 'Shark Attack'

Highly Commended

Blake Matheson Year 6 'Shark Attack'

Excellence Award

Bao Tran Year 6 'The Rising of the Giant'

Writing Competition 2019

Highly Commended

Nathaniel Reitsma Year 6 'The Rising of the Giant'

Congratulations to all the students who entered the Tell Me a Story Writing and Illustration competition. A special mention to Bao Tran who won the Excellence Award for his interpretation of Nathaniel Reitsma's story 'The Rising of the Giant'.

The Rising of the Giant

In the shade of the large pine trees, in front of an old run down, white stone palace with pale blue roof tiles, two young boys, both with dark hair, ran round and round playing tag on a small hill. When came a rumble so loud it made the earth shake, the small hill began to rise, the fresh green grass began to tear, and a colossal stone giant rose from the ground. The boys ran in fear.

They ran as fast as they had ever ran before, it was a long way back to the palace and the boys were needing a rest, driven by pure terror, they ran. When they made it into the castle, they flopped on a nearby bed panting. The boys were safe, but now the city was in danger.

The queen saw the boys and asked what had happened. When they had told her everything, she looked out from the window and saw the stone giant. She ordered the general to get all of his soldiers and fire at the beast.

In a few minutes all of the men were out fighting while nearby residents evacuated. The giant was moving slower with the guns firing, but he still moved on, the colossal beast grew nearer to the city. It was getting out of control. Tanks were soon called to help, joined by police and air force.

The stone beast wasn't far from the city now, and they had lost too many men to this giant. It was so big it picked up a tank and threw it as if it was a pebble skimming along the water.

As the tank bounced across the road taking out most of their men, they had slowed the giant down but it was still moving, and they had lost more than half of the men fighting.

The general, the queen and the mayor of the city got together and made a plan to stop the colossal stone beast and save the city without losing any more men, the mayor got some cranes, the general ordered a fighter jet to stand by for take-off, and the queen wanted to setup a victory party, but was told not to as it might not work.

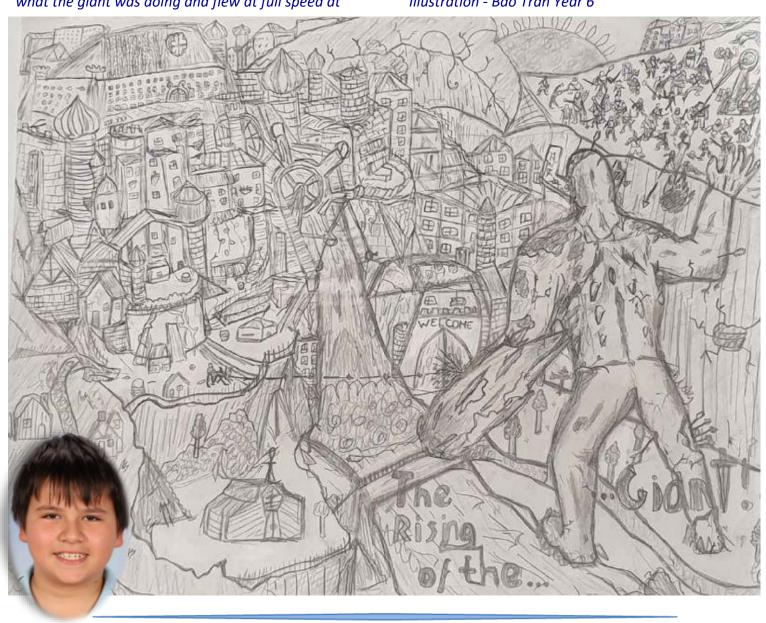
The men holding off the giant retreated and tanks shot at it trying to lead it to the cranes. The tanks moved this way and that acting like sheep dogs leading cows into a pen. When the giant came near the cranes the jet tore off down the runway, its rumbling engines humming as the plane flew over the city. As the giant was next to the cranes, one of the cranes cranked into action and swung a wrecking ball at the giant's head causing it to fall with a thud. The plane went into a steep nose dive and launched all missiles at the giant a thick black smoke began to rise from where the giant was. Was it a hit? Did it miss?

A hit, but in the arm. The giant rose from the smoke and let out a roar of fury, the giant's arm fell off his shoulder and shattered onto the road below. Everyone looked at the giant rising up from the smoke, it had a feeling of hatred radiating all around him, its stone eyes somehow glaring at the others below. The giant lifted his arm and got ready to take down a nearby building, the pilot in the plane saw what the giant was doing and flew at full speed at

the giant's head the giant raised his arm to protect his face but was too late, the plane hit the giant in the nose and the plane blew up in the giant's face and the giant fell into the smoke and shattered into pieces of gravel.

But the danger was not over as the bullet size pebbles fell from such a height making a stone shower. The giant was destroyed but was still taking lives. The men below ran around frantically looking for a safe place to hide. They ran under tanks and into garages.

The giant was remembered and a statue was made, and it was known as the stone massacre. There was a plaque made for the pilot and those who gave their lives to stop the giant. There was still confusion about where it came from and if there would be more. But the boys were not really bothered by it. They still played on the hill that the giant had once rose from, so people tried to put it behind them and not worry about it. Nathaniel Reitsma Year 6 Illustration - Bao Tran Year 6





Bulahdelah Show Society

is introducing
a new class;
Section 8
in the
pavilion at this
years show.

15th & 16th November 2019

Aussie Letterbox

Design and create your own unique letterbox and enter it in this years Bulahdelah Show. Whether it's a bushranger, dog, bee or sculpture we want you to enter your Aussie Letterbox. Entry details are published in the Pavilions schedule later this year.

The letter box must be freestanding and no larger than: 40cm deep x 40cm wide and 150cm tall.













Exciting new children's classes in the

2019 Bulahdelah Show Pavilions

See 2019 Pavilion Schedule for more details, prize money and Pavilion entry conditions at the Bulahdelah Show Society website www.bulahdelahshowsociety.org.au

Section 9 - Preschool



- Grass head grown in a Jar.
- Clay sculpture of an animal.
- Christmas tree ornament.
- Plant grown in a old boot.
- Iced milk arrowroot biscuits Choc chip. Biscuits.



Section 10 - Kinder, Years 1 & 2



- Grass head grown in a jar.
- Paper Flowers (3) in a jar.
- Paper aeroplane.
- Clay sculpture.
- Bowl of Fruit.
- Christmas tree ornament.
- Plant grown in a old boot.
- Jam drops.



Section 11 - Years 3-6



- Paddle pop stick house.
- Clay sculpture of an "Outdoor Dunny".
- Christmas tree ornament .
- Plant grown in a old boot.
- Gingerbread man.







PRIMARY ASSEMBLIES TERM 3

Monday @ 2:00pm

Week 3: 5th August Week 6: 26th August

Week 9: 16th September



Mon	Quiche & Salad	\$7 <i>.00</i>	
Tues	Pizza	\$6.50	
Wed	Sweet & Sour Chicken	\$6.00	
Thur	Seafood Basket	\$7.00	
Fri	Soup & Garlic Bread	\$5.50	
Orders need to be in by 9:00am			



Need assistance with your homework? Join us:

BCS Student Support Centre

Monday afternoons
3:30pm - 4:10pm
Also Week A lunch times on
Monday, Tuesday, Wednesday & Friday
Primary and Secondary students welcome.

Kim Rigley - Teacher

OR

Tea Gardens Library

Wednesday afternoons
3:15pm - 4:45pm
Primary and Secondary students welcome.

Carol Johnson - Librarian



Tea Gardens/Hawks Nest supports the fight against Dementia

Where: Myall Park Tennis Club Yamba St Hawks Nest

When: Sunday August 25th 9am-1pm

Distance: 2km 6km 10km options

Entry: Adults \$20 Children and Seniors \$10

Register: www.memorywalk.com.au/events/104/myall-park-tennis-club-memory-walk

Fundraise: Use the above link to create your group or individual fundraising page

Donate: www.memorywalk.com.au/event/donate/104/myall-park-tennis-club-memory-walk

Event Sponsors











Jeff's Quality Meats





Want to be a volunteer or need more information? Contact Chris on 0403 773 647.

Glasshouse Port Macquarie & Spare Parts Puppet Theatre presents

ROALD DAHL'S
THE TWITS

Monday 12 August, 5pm

GLASSHOUSE PORT MACQUARIE







"I'm changing the world one day at a time.

I teach."

Krissy Vensodale





