



Value of the Week

Innovation. We initiate & continue to improve as individuals, teams & the school. Can you find a better, smarter or more creative way?

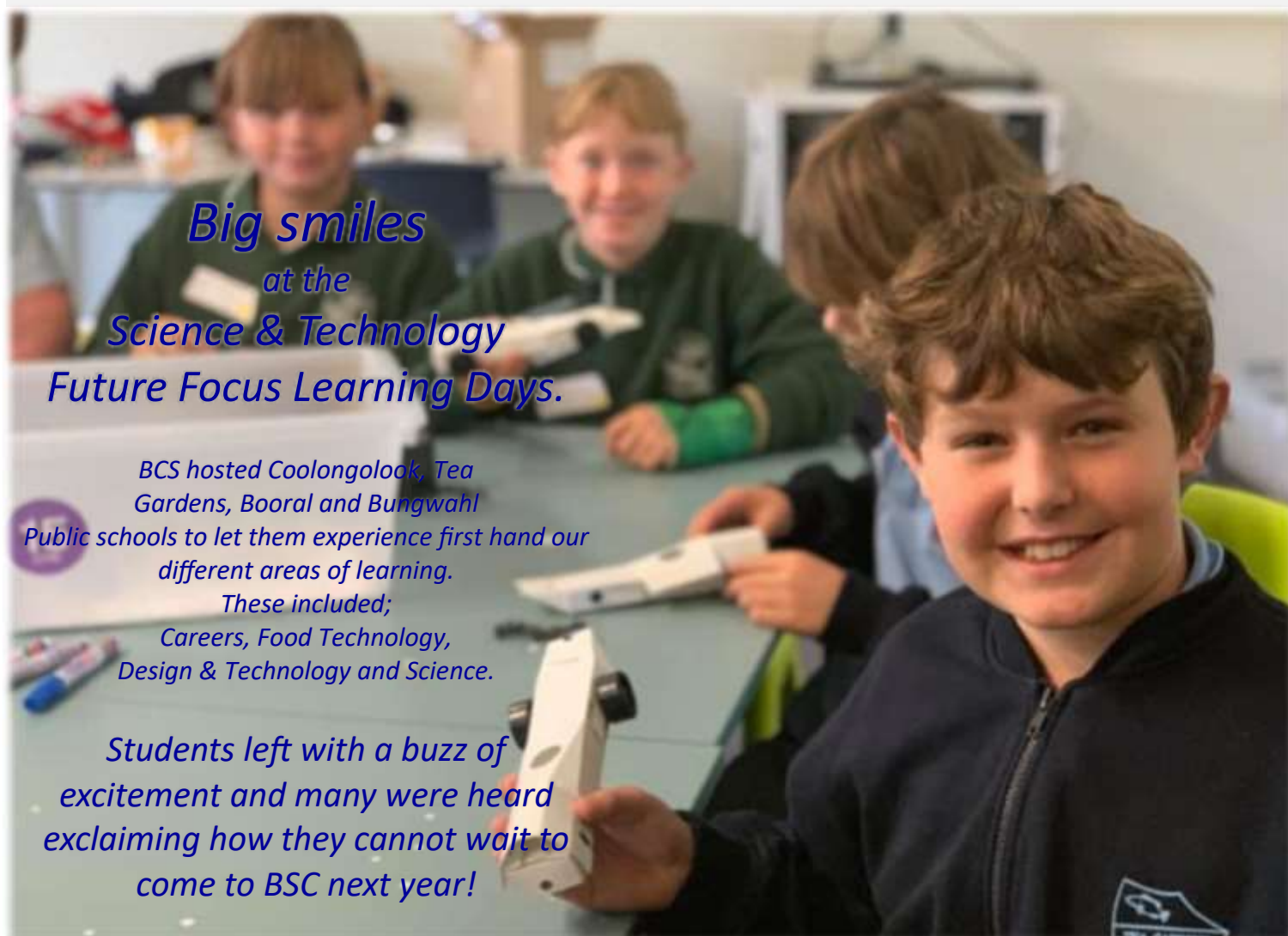


School Calendar July

- 1-4** Years 11&12 State Drama Camp
- 3** Years 7-12 Chris Hoare Cup - Gloucester
- 4** K-12 Naidoc & Leadership Assembly
- 5** SRC Aussie Legend Day
- 23** Years 5-10 Starr's Planetarium
- 30** Stage 5 & 6 Subject Selection Night



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Big smiles at the Science & Technology Future Focus Learning Days.

BCS hosted Coolongolook, Tea Gardens, Booral and Bungwahl Public schools to let them experience first hand our different areas of learning.

These included;
Careers, Food Technology,
Design & Technology and Science.

Students left with a buzz of excitement and many were heard exclaiming how they cannot wait to come to BSC next year!



PRINCIPAL'S REPORT:

Changes to Stage 6 (Year 11/12) Curriculum 2020

After a review of the current Vertical Curriculum model and recent and historical Higher School Certificate results, it has been decided to make changes to the Stage 6 Curriculum. In consultation with a team of educational professionals which included Learning and Teaching Coordinator, Director Educational Leadership, Principal School Leadership, Educational Evaluation Consultant and Curriculum Advisor we evaluated various information and data to support decisions around the best possible future outcomes for students.

The Principal School Leadership spent time at Bulahdelah Central School during Term 1 gathering information about the Vertical Curriculum. This included interviewing a number of Stage 6 students, teaching staff and parents to identify strengths and areas for improvement in relation to the Vertical Curriculum.

The recommendations from the review of the current Vertical Curriculum and Higher School Certificate results have identified changes to the teaching and learning structures for Mathematics and English courses. From 2020 Mathematics and English courses will be taught over a 2 year period instead of the compressed model. This means that current 2019 BCS Year 10 students will study Mathematics and English over 2 years from 2020. **Please note these changes will not affect current Year 11 and 12 students who will continue with the current Vertical Curriculum model.**

The school will need to employ extra teaching staff next year to accommodate the parallel operation of Stage 6 Mathematics and English during this transition period.

Collection of Data – School Students with Disability What is the National Data Collection?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection) is an annual collection that counts the number of school students with disability and the level of reasonable educational adjustment they are provided with.

The national data collection counts students who have been identified by a school team as receiving an adjustment to address a disability under the *Disability Discrimination Act 1992* (the DDA). The DDA can be accessed from the ComLaw website at www.comlaw.gov.au.

What is the benefit for my child?

The aim of the national data collection is to collect quality information about school students with disability in Australia. This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the same basis as students without disability.

The national data collection is an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

Why is this data being collected?

All schools across Australia collect information about students with disability. However the type of information currently collected varies between each state and territory and across government, Catholic and independent school sectors.

When undertaking the national data collection, every school in Australia will use the same method to collect information. Therefore, a government school in suburban Sydney will collect and submit data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

The information provided through the national data collection will enable all Australian governments to improve target support and resources to benefit students with disability.

What information will be collected?

Every year your child's school will collect the following information for each student with a disability:

- the student's level of education (i.e. primary or secondary)
- the student's level of adjustment
- the student's broad type of disability.

The information collected by schools will be provided to all governments to inform policy and programme improvement for students with disability. *George Frangos*



On Tuesday, 18th of June 10, students from Bulahdelah Central School had the opportunity to attend the Indigenous Tennis Come and Try Day which was run by the Evonne Goolagong Foundation. The Dream, Believe, Learn, Achieve initiative promotes and helps provide better health and education for young Indigenous Australians.

The day began with Evonne telling the kids about her journey with tennis. She started playing by hitting a ball against any surface she could with a wooden paddle her father made for her from an old apple crate (she is holding it in the picture). The main message of the day was encouraging students to stay at school, discover the things they are passionate about and then focus their energy on achieving those dreams.

The students had a fantastic day interacting with top coaches and meeting indigenous students from other schools. *Michelle Gray - Aboriginal Educational Co-ordinator*





REL. DEPUTY PRINCIPAL:

As the term winds down I would like to take this opportunity to thank all the staff for their hard efforts this term. Congratulations to the following teachers for their

efforts over the last few weeks:

- Michelle Gray for her organisation of the Try a Tennis Day with the Evonne Goolagong Foundation.
- Brett Smith, Liz Smith, Pam Gollan, Natalie Stanfield, Dave Rose and Jake Kinnear for delivering lessons centred around Food Technology, Design & Technology, Science and Careers at our Science and Technology Future Focus Learning day which the school held for Year 5 and 6 students from our feeder primary schools.
- Wendy Parsons for organising the band to perform at various locations in our local community.
- Tyson Oakley for his organisation of the Chris Hoare Cup on Wednesday, 3rd July (Gloucester).
- Michelle Gray and the Science/Maths/PDHPE department for organising NAIDOC activities and their organisation of the formal assembly on Wednesday, 4th July.

This assembly will also include the induction of the new BCS School Captains for 2019-2020.

- Linda Drenkhahn for organising the Sydney Expo excursion which allowed 40 of our Year 10 -12 students access information about the HSC and a trip to Google.

This week some of our senior Drama students will be representing the school at the State Drama camp at Elanora Conference in Sydney. I would like to wish these students all the best for this opportunity and thank Vanessa Shultz for helping the students secure places.

At the start of Term 3, students in Years 8 -11 will start the process for subject selections for the school year 2020. Please note the date for parent/student Subject Selection evening is Tuesday, 30th July. Senior students also have the opportunity to attend the Try a Subject Day Monday, 29th July.

I would like to wish the school community a safe and happy holiday break and look forward to Term 3. *Georgina Cunich*

K-6 BCS

NAIDOC & LEADERSHIP ASSEMBLY

**VOICE
TREATY
TRUTH** 07 - 14
JULY 2019

Lets work together for a shared future.

THURSDAY, 4TH JULY 10:30AM



Abby-Jo Banks in Year 11 is completing a School Based Traineeship in Early

Childhood Education and Care at Tea Gardens Hawks Nest Pre School as part of her Higher School Certificate studies. It involved study of a Certificate III through TAFE, which is delivered at the workplace and online. This also includes one day per week of paid employment at the preschool, and a total of 100 days over the two years. Abby-Jo successfully approached the employer for this position after she completed work experience in Year 10. On completion, Abby-Jo will have completed her HSC, a Certificate III and two years of paid employment experience. She will be qualified to work in an early childhood setting as an assistant to the teacher.

Students currently in Year 10 are encouraged to consider a School Based Part-Time Traineeship or Apprenticeship (SBAT) in almost any industry they have an interest in. The first step is to complete some work experience, then approach an employer for a position. For more information, please Linda Drenkhahn, Careers Adviser.



Meningococcal ACWY Vaccination for Year 10 Students



All year 10 students have been provided with information about the Meningococcal Vaccination. Parent consent forms have also been provided

and will need to be returned to Warren Jones, Head Teacher Welfare, before the vaccination can be administered. The community health vaccination team will be at BCS delivering the vaccinations on Thursday, 25th July.

For more information parents can visit <https://beta.health.gov.au/resources/videos/adolescent-meningococcal-acwy-vaccine-sebs-story>
Warren Jones - Head Teacher Welfare

Assessment Tasks Due Term 2/3

TERM 2/3	Week 10	Week 1
Year 9	PDH Agri-Foods Child Studies Photography	9/10 PASS Ind. Tech.- Timber
Year 10	PE Agri-foods Pass	
Senior Vertical Curriculum	Drama Mathematics SLR Music Legal Studies Mathematics Ext. Mathematics Photography	



YEAR 7 CAMP LUTANDA - TOUKLEY

On Wednesday, 12th of June, a very energetic Year 7, 2019 group piled their luggage and sleeping bags onto the bus. We were bound for the much anticipated Year 7 bonding experience at 'Lutanda' Camp, Toukley. We were ready for anything!

The weather was kind to us and the three days were completely packed with outdoor challenges and activities. The camp staff were very accommodating and they appreciated our good manners and country spirit. The catering and accommodation were excellent.

The activities included orienteering, abseiling, bush walking with views of the Central Coast, archery, ropes and harness obstacles that included a giant swing and a leap of faith. The giant swing relied on our class mates to winch a tug rope to suspend us high into the air to be released causing the individual to be swung toward the ground from high in the air. The sounds of screams and laughter followed. The evening camp fire and marshmallows were very much enjoyed on the first cool wintery night. The disco on the second night provided a great opportunity to dress up or keep warm and casual in onesies. We then participated in a very competitive game of musical chairs.

Whilst at camp the students were able to work on their resilience and risk taking. They learnt how to overcome their fears physically, mentally and socially. The students behaviour over the three days made me proud to be their year advisor. They represented themselves and our school exceptionally.





It was refreshing to connect with the students as young people of excellent character outside the playground and classroom. To hear the students laugh and watch them smile with their peers was wonderful. We arrived back to BCS two nights later weary, but happy, before the school bell on Friday.

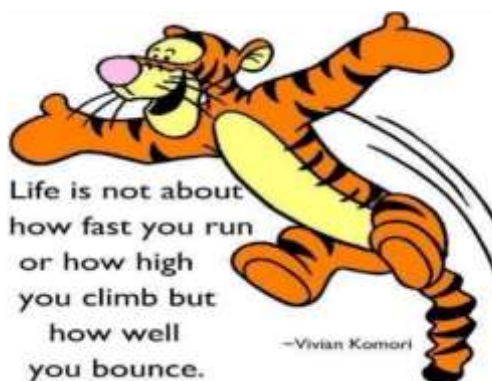
We look forward to organising another whole year group activity again and hope that every Year 7 student can attend. I would also like to thank Casey Connell and Tyson Oakley who accompanied us on this excursion. *Micheala Sawtell - Year 7 Advisor*





DEPUTY PRINCIPAL INSTRUCTIONAL LEADER:

Resilience – The Good, the Bad and Sometimes the Ugly



Watching the *Denton Conversation* last Tuesday evening, a conversation in our lounge room was started around resilience and perhaps the lack of it in today's society – particularly in our children.

Resilience is how well a person can adapt to the events in their life. A person with good resilience has the ability to 'bounce back' much more quickly and with less stress than someone whose resilience is less developed.

I was amazed by Denton's guest, Dr Munjed Al Muderis, an Australian Associate Professor in orthopaedic surgery. His pioneering work on prosthetics and patents on titanium devices, has placed Australia at the forefront of osseointegration technology.

You see, Al Muderis' resilience is awe-inspiring. Born in Iraq in 1972, he became a surgeon under the regime of Saddam Hussein. He was a medical student in Basra at the start of the Gulf War and as a junior surgeon, he fled from Iraq after he refused to mutilate the ears of army deserters. He travelled alone through Indonesia and Malaysia and on reaching Australia he was placed at the Curtin Detention Centre. On his release after 10 months he continued to forge his career in medicine, demonstrating true resilience to 'bounce back.' The patients he has treated were also just as resilient. They demonstrated their resilience by not feeling sorry for themselves. They bounced back from not being able to walk, to now walking at least ten kilometres a day.

According to psychotherapist Lynn Lyons, who specialises in treating patients who are anxious, says

"Resilience isn't birthright. It can be taught and we need to equip our children with skills to handle the unexpected. As adults we need to teach them to handle uncertainty and to problem-solve because we can't always be there 24/7, no matter how much we would like to be."

So how can you help your children to learn resilience?

- **Don't accommodate their every need:** overprotecting kids only fuels their anxiety.
- **Avoid eliminating all risk:** allow appropriate risks and teach your kids essential skills e.g. riding a bike without training wheels – start young.
- **Teach them to problem-solve:** practise asking your children "how" questions rather than "why" questions.
- **Don't provide all the answers:** say you don't know and ask them how they would solve the problem or find the answer.
- **Avoid talking in catastrophic terms:** pay attention to what you say to your kids and around them. They do have big ears and good memories.
- **Let your kids make mistakes:** failure is not the end of the world, but beneficial to our kids when they learn from their mistakes.
- **Help them to manage their emotions:** kids learn very quickly which powerful emotions get them what they want. We need to be clear with them as to what behaviour is appropriate or inappropriate
- **Model resiliency:** kids learn from watching adults' behaviour, so try to be calm and consistent.

Resiliency helps our kids to navigate the inevitable trials, triumphs and tribulations of childhood and adolescence. Remember resilient kids become resilient adults, able to survive and thrive in the face of life's unavoidable stressors. *Debbie Booth*





On Wednesday, 12th June, Years 3/4 went to the Great Aussie Bush Camp for 3 days. Before we went, we wrote what we thought would happen at camp. It was a half an hour drive.

When we got there we got settled into our cabins and made our beds. I was in a cabin with Scarlet, Salome, Lasey and Nikita. Then, we met our instructors, my instructor's name was Clayton.

After we got settled, into our cabins we went to do our first activity. Our first activity was the dual flying fox. Dual means two so that means you got to go with a partner. My partner was Scarlet for the whole day.

The dual flying fox was so much fun. I went two times and wanted to go again. The flying fox went over a lake and the lake was called Lake Ivan.

After that Clayton took us to get afternoon tea. For afternoon tea we had snow cones, but Clayton threw ice at me two times.

After, Clayton took us over to do pioneering. First we had to make a stretcher for Charlize to lay on. It was girl's vs boy's and Clayton helped the girls because we had less people. When we had finished building the stretcher we had to make a sling shot.

After pioneering we had dinner. For dinner we had spaghetti bolognese. Then we went to have a rest.

After our rest we played commando spotlight. I was a little scared because it was in the bush. I got to be in a group with Salome, Scarlet and Lasey. When we were so close to getting a glow stick Mr Pye would spot us.





After commando spotlight, Clayton put on a fire show where he put a sword on fire and threw it in the air. Then we went to sleep. Nikita would not stop talking.

On Thursday morning we had to wake up at 7:00am. For breakfast we had pancakes with toast.

Our first activity was canoeing. When we got there we had to pull out the canoes and choose who we were going to share with. In my canoe it was Nikita, Salome and me. We played a game where we had to collect balls then threw them into Clayton's canoe.

Then, we went to do rock climbing. Lasey went first and almost made it to the top. It was Scarlet's turn next and she made it just past halfway. Nikita was next and she made it to almost halfway. Then it was my turn, I almost made it to the top.

After rock climbing we had sandwiches for lunch. We got to choose what we wanted on them.

After lunch we did archery. I wasn't very good, but I still tried.

After afternoon tea we went to high ropes. We got to choose a partner and my partner was Salome. I went first and at the start I was a little scared.

When we did it we wore a harness and that got hooked up on to the top. After the walking on ropes we did a zip-line. Then it was Salome's turn, she didn't fall off, but she almost did.



After dinner we did the country fair. I got to run the milkshake stand.

On Friday, after breakfast, we went on the giant swing. I went second and it was so much fun! To get up the whole class had to pull a rope. When you wanted to drop you had to pull a little orange rope. As soon as you pull the rope you drop straight away. When you drop you swing backwards and forwards a couple of times.

After afternoon tea we did bush craft. There was eight people in my group. First I did building then I made a fire.

After lunch it was time for home.
Jaydah Cassar - Year 4



It was a
really, really,
fun amazing
experience!

Cooper Sams Year 4





Years 5 & 6 Science & Technology Future Focus Learning Days.

Technology

On Tuesday, 4th of June and Thursday, 20th of June saw BCS host our inaugural Stage 5 Future Focus Learning days. These days involved students from our Myall Learning Community schools - Tea Gardens, Booral, Bungwahl, Coolongolook as well as Bulahdelah. Students participated in a range of activities which focused on three technology disciplines- Food Technology, Wood Technology and STEM.

Students rotated around each technology discipline throughout the day and experienced making small projects such as a CO2 powered race car, a laser cut and engraved name badge and a small woodwork pencil holder. At Food Technology they made meat pies, muffins and ice creams, which students got to eat at lunch time and were able to take some samples home to share.



Special thanks goes to the TAS (Technological & Applied Studies) faculty staff, George Frangos, Chris Gladys, Debbie Booth, the Myall Learning Community schools and AGL for their support to the successful running of the day. Thank you also to the teachers from participating schools for their assistance. Without these partnerships, positive outcomes for our students are less attainable. *Brent Smith - Relieving Head Teacher TAS*



Science

Over two action packed, exciting days Year 5 and 6 were treated to some Earth and Space activities that enhanced their understanding of Science. With Natalie Stanfield, students observed hydrogen gas exploding and learned how elements are important in making up the Universe and allowing space travel, in our *Rockets to Outer Space* lesson. Students also tested their own *Tea Bag Rockets*. They ignite empty tea bags and watching how hot air rises as the bag burns causing them to lift off at the last moment. Every student enjoyed this so much, they had to do it multiple times! Our lovely cleaner didn't even mind the mess it made, as the students seemed to be having so much fun!

Pam Gollan had them for *Back Down to Earth* looking at making *Clouds in Beaker* and explaining how heating and cooling cycles make our weather patterns. Students also created *Rainbows* by splitting white light with a prism. This shows how the natural phenomenon occurs after rain as water droplets in the air make natural prisms to split light in to the beautiful, easily recognisable wonders in the sky. They finished with looking at the up close structure of plant cells through the microscope.

A big thank you must go out to our dedicated, professional, wonderful Lab Technician, Erin Matheson, who was vital to the smooth running of the day. *Natalie Stanfield - Science Teacher*

Careers

Approximately 75 Year 6 students from BSC and all our feeder schools participated in transition activities, including a session on Careers. This was the first in a series of sessions throughout the year. We started with a short survey to establish their awareness of what jobs, work and careers adults have.

We discussed why people work, needs v's wants, and what there is to look forward to when they get to high school - electives, work experience, careers excursions, part-time jobs, TAFE, etc. We spoke about the importance of looking forward to a job in the future that is enjoyable. We also discussed the types of training out there, for example TAFE, university, apprenticeships and traineeships.

To finish, students completed a career interest quiz on WIRL Career. Students read their results and viewed short videos about jobs that were suggested to them based on their interest areas. Students were encouraged to follow up at home by talking with adults around them about what their day at work is all about. I also encouraged them to watch additional videos and information available on the WIRL website. Next term students will engage in CSU (Charles Sturt University) Future Moves activities, and at the end of the year there is a proposed mini careers fair, VET activity day and a visit to CSU in Port Macquarie. *Linda Drenkhahn - Careers Advisor*





Bulahdelah Show Society

is introducing
a new class;

Section 8

in the
pavilion at this
years show.

15th & 16th November 2019

Aussie Letterbox

Design and create your own unique letterbox and enter it in this years Bulahdelah Show. Whether it's a bushranger, dog, bee or sculpture we want you to enter your Aussie Letterbox. Entry details are published in the Pavilions schedule later this year.

The letter box must be freestanding and no larger than: 40cm deep x 40cm wide and 150cm tall.



Exciting new children's classes in the 2019 Bulahdelah Show Pavilions

See 2019 Pavilion Schedule for more details, prize money and Pavilion entry conditions at the
Bulahdelah Show Society website
www.bulahdelahshowsociety.org.au

Section 9 - Preschool



- Grass head grown in a Jar.
- Clay sculpture of an animal.
- Christmas tree ornament.
- Plant grown in a old boot .
- Iced milk arrowroot biscuits Choc chip. Biscuits.



Section 10 - Kinder, Years 1 & 2



- Grass head grown in a jar.
- Paper Flowers (3) in a jar.
- Paper aeroplane.
- Clay sculpture.
- Bowl of Fruit.
- Christmas tree ornament.
- Plant grown in a old boot.
- Jam drops.



Section 11 - Years 3-6

- Paddle pop stick house.
- Clay sculpture of an "Outdoor Dunny".
- Christmas tree ornament .
- Plant grown in a old boot.
- Gingerbread man.



DAY FOR DEREK 2019 PROUDLY SUPPORTING THE CHARLIE TEO FOUNDATION

Derek was only 32 when he lost his battle with brain cancer. Unfortunately Derek's family is not alone when it comes to this dreadful disease. Each year around 1,200 Australians are diagnosed with brain cancer, that's one person every 7 hours. Brain cancer takes the lives of more children than any other disease and more people under 40 than any other cancer, yet the survival rate has barely increased in 30 years.

Derek's family do not want any other family to have to go through what they went through. They want a cure to be found and that requires research.

In 2017, 4 years after Derek was taken, Derek's family held the very first Day for Derek, to raise vital funds for brain cancer research. That year the Day for Derek, with the amazing commitment from the Gloucester community, raised over \$26,000 for the Cure Brain Cancer Foundation.

This year the Day for Derek is proudly supporting the Charlie Teo Foundation, an incredible foundation that are pioneers in brain cancer research. Hopefully, they will uncover better treatments and eventually find a cure.

Derek's family are opening the doors of the National Trust listed, Airlie Homestead on Saturday, 6th July 2019 from 10am for the Day for Derek. Airlie Homestead is a special place as this is where Derek spent the last 3 months of his short life.

Come and be part of this incredible day. Activities include; Airlie Homestead and grounds tours, antiques appraisal, helicopter scenic flights, Devonshire teas, bespoke stalls, traditional spit roast, animal nursery, duck races, face painting, whip cracking, guessing competitions and much, much more. Contact: Suzanne Landers, 6558 5501, suzannalanders@gmail.com

DAY FOR DEREK BEANIES:

- * \$20.00
- * \$25.00



Proud Sponsors of the



CHARLIE TEO
FOUNDATION
•funding brain cancer research•



DAY FOR DEREK

AIRLIE HOMESTEAD
6TH JULY 2019



Please Join Us

Day for Derek

JULY 6TH 10-3PM

AIRLIE HOMESTEAD

RAWDON VALE RD. GLOUCESTER 2422

Contact Suzanne on
suzannalanders@gmail.com



PRIMARY ASSEMBLIES

TERM 3

Monday @ 2:00pm

Week 3: 5th August

Week 6: 26th August

Week 9: 16th September

6-13 YEARS

July

FOOTBALL SCHOOL HOLIDAY CLINIC

with Jeff Summers



INSTRUCTOR

JEFF SUMMERS - FFA Advanced C - Level Licence

VENUE

**Jack Ireland Sporting complex
(Bulahdelah Showgrounds)
Prince St, Bulahdelah**

DATES

[WEEK 2 OF SCHOOL HOLIDAYS]

MONDAY 15th July 9am -12pm

TUESDAY 16th July 9am -12pm

WEDNESDAY 17th July 9am -12pm

** Cost \$150 & siblings \$120*

BSB 637000 ACC 719530680 Ref: Taree or Forster and childs name

Sausage sizzle each day!



Please call 0402 211 738 or email
jeffsummersfootballcoaching@hotmail.com
for bookings & further details



**Great Lakes Vikings
football academy
Jeff Summers Coaching**



**Need assistance with
your homework? Join us:**

BCS Student Support Centre

Monday afternoons

3:30pm - 4:10pm

Also Week A lunch times on

Monday, Tuesday, Wednesday & Friday

Primary and Secondary students welcome.

Kim Rigley - Teacher

OR

Tea Gardens Library

Wednesday afternoons

3:15pm - 4:45pm

Primary and Secondary students welcome.

Carol Johnson - Librarian



*Meetings are held at BCS
every second Wednesday
of the month at 3:45pm.*

Next meetings are:

14th August

11th September



**The teachers and staff at Bulahdelah Central wish
you a very safe and happy school holidays.**



**We look forward to welcoming you back for Term 3 on
Tuesday, 23rd July**



BULAHDELAH Central School

Strive to Achieve



**VOICE
TREATY
TRUTH** 07-14
JULY 2019
Let's work together for a shared future.

**K-12
NAIDOC & LEADERSHIP
ASSEMBLY**
Thursday, 4th July 10:30am

P&C Meetings: 14th August & 11th September

Next Newsletters for Term 3: 29th Jul; 12th, 26th Aug; 9th, 23rd Sept

End of Term 2: 5th July

 like us on
facebook 

<https://www.facebook.com/pages/Bulahdelah-Central-School>

www.bulahdelah-c.schools.nsw.edu.au
Ph: 4997 4329

***“Teachers who love teaching,
teach children to love learning.”***

Margaret Filipek

