

Value of the Week

Determination. We work toward quality, success & recognition in a persevering manner. Do you keep on working towards your goals.

School Calendar

February

- 19 Years 7, 11 & 12 Parent/Teacher evening 4pm start
Secondary Zone Swimming
- 22 Primary Zone Swimming

March

- 12-14 School Musical - The Addams Family
- 13 K-12 School Photos
- 20 Whole school Cross Country
- 26 K-6 Parent Meetings



Meetings are held at BCS every second Wednesday of the month at 3:45pm.
Next meetings are:
13th March
10th April

BeSt

K t
& a
Yr7 r t



8 Meade Street, Bulahdelah 2423
P 02 4997 4329 F 02 4997 4512
bulahdelah-c.school@det.nsw.edu.au





PRINCIPAL'S REPORT:

I would like to acknowledge and thank students and staff for two successful swimming carnivals. I would also like to recognise Mr Pye and Mr Oakley for their outstanding organisation and to parents and community members who assisted and supported at both swimming carnivals. Good luck to all the students who are going to zone.

The 2019 Year 7 students who commenced their high school journey are settling in exceedingly well. It is pleasing to see that they have embraced our school uniform and are wearing it with PRIDE. I look forward to their journey over the next six years, working with families to prepare our students for the future.



Buckling up on school buses

Busways has introduced new buses into their fleet which feature seatbelts for passengers. By law, passengers in a seatbelt fitted vehicle must wear the seat belt. If your seat has a seat belt, you need to buckle up. Each seat will have three seatbelts so you get to share the seat with one or two of your friends! It's important that you clip in your seat belt without having to be asked by the bus driver as they need to focus on driving the vehicle safely.

Before the drivers operate a seat belt-fitted bus Busways will conduct training covering seatbelt regulations and their responsibilities.

Busways will conduct an induction with the students on the first day of operation covering the expectation that they must wear the seatbelts while travelling in the bus.

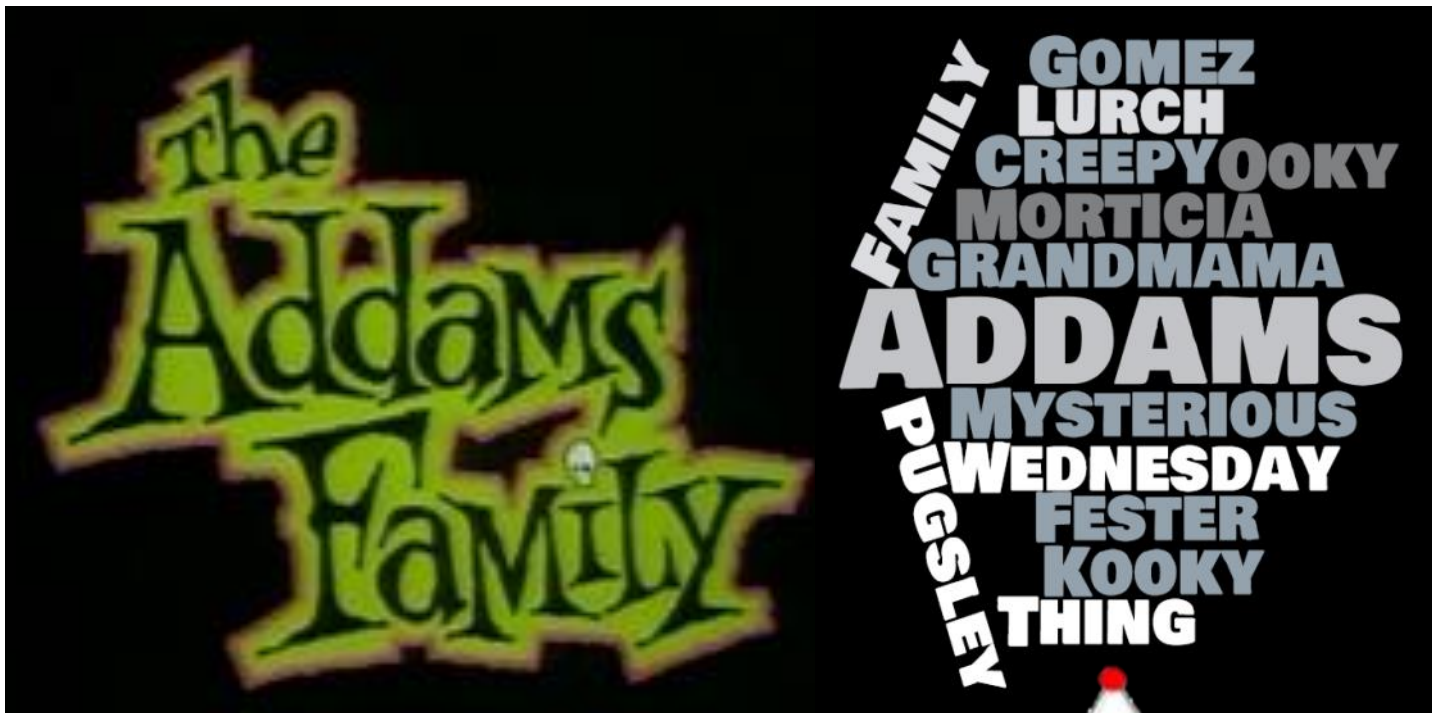
By law, you won't be able to stand on the bus once yours has seatbelts – you must sit in a seat and wear your seatbelt correctly.

Parents - It would be a great assistance if you can help by talking to your children about wearing their seatbelts on the bus without waiting to be asked. While bus drivers will verbally remind students to fasten their seatbelts, it is the student's responsibility to buckle themselves in. It's important that students clip in their seatbelt without having to be asked by the bus driver as they need to focus on driving the vehicle safely. The driver's responsibility is to operate services safely and efficiently. The attention they need to give this will prevent them from being able to closely monitor or enforce student adherence.

If you would like any more information about the new buses or would like to talk to someone, please contact Busways' Customer Service Department at Infoline@busways.com.au
George Frangos

It is just like getting in the car – if there is a seat belt on their seat, they need to buckle up.





*We're Already
Creepy
And Kooky*



Our Vertical Curriculum Senior Drama class is well under way with their production of The Addam's Family, School Edition. Sets are being painted, costumes are being designed and choreography is being created.

12th - 14th
March

During Tuesday and Thursday lunches, the initial 40 + Primary choir is up to learning their third creepy song! Auditions have occurred, the main cast has been selected and rehearsals are happening on Wednesday afternoons in the school hall until 6:00pm. Dance groups are busily learning routines as the zombie ancestors of the Addam's Family.

Performances will occur next term during week 7 from March 12th - 14th. So save the date!

If any parents would like to assist with sets or costumes, please contact Vanessa Shultz at school. *Vanessa Shultz - Head Teacher English*





REL. DEPUTY PRINCIPAL:

Congratulations to the staff and students involved in both the Primary and Secondary swimming carnivals on Wednesday and Friday of week 2. The weather for the Primary carnival was great. The Secondary carnival started out well, but after lunch Bulahdelah was hit with a big down pour which suspended the running of the relays. A particular mention to all our students who have made it to the Zone Swimming carnivals:

Primary Friday, 22nd February

Secondary Tuesday, 19th February

Hopefully they continue to improve their results at Zone. A big thank you must go out to the organisers of both the Primary (Mr Rod Pye) and the Secondary (Mr Tyson Oakey) for their outstanding running of these carnivals. Also, a big thank you to all the parents who helped on the day at both carnivals, we appreciate your involvement.

It was great to see both our Primary and Secondary students getting in and participating at the two swimming carnivals. The positive attitude and determination of many of our students was on display for all to see. Even those swimmers who obviously weren't going to win still had the courage to dive in and swim the laps to compete and most importantly finish the event.

I would like to remind both parents and students about the upcoming informal 'Meet and greet' BBQ on Tuesday, 19th February from 4:00pm - 5:30pm for Years 7, 11 and 12. This is a very casual evening with time to discuss how the year will start and future directions so as to achieve the best results for each student. At the conclusion of the 'Meet and greet' an ATAR (Australian, Tertiary Admission Rank) meeting will be held for our senior students and parents, outlining the year ahead, this will start at 6:00pm.

Parents are welcome to make an appointment with any staff member regarding their child's learning at a convenient time.

You do not have to wait for the next parent/teacher meeting.

If you have any questions or issues please do not hesitate to make an appointment with myself or our teaching staff as we would like to address any issues as soon as possible. *Chris Gladys*

Subject Secondary Assessments are due:

TERM 1	Week 3	Week 4	Week 5
Year 9	Nil	Ind. Tech. Timber Child Studies	English Forensic History iSTEM
Year 10	PDHPE	Music	Forensic History iSTEM Food Technology
Senior Vertical Curriculum	Industrial Technology	Modern History	Music

50 QUESTIONS TO ASK YOUR KIDS AFTER SCHOOL INSTEAD OF "HOW WAS YOUR DAY?"

- What made you smile today?
- Can you tell me an example of kindness you saw/showed?
- What did you do that was creative?
- Who did you sit with at lunch?
- Was anyone in your class gone today?
- Tell me something you know today that you didn't know yesterday.
- Did you like your lunch?
- What was the hardest rule to follow today?
- If you could change one thing about your day, what would it be?
- What made your teacher smile?
What made her frown?
- If you could switch seats with anyone in class, who would it be? And why?
- What kind of person were you today?

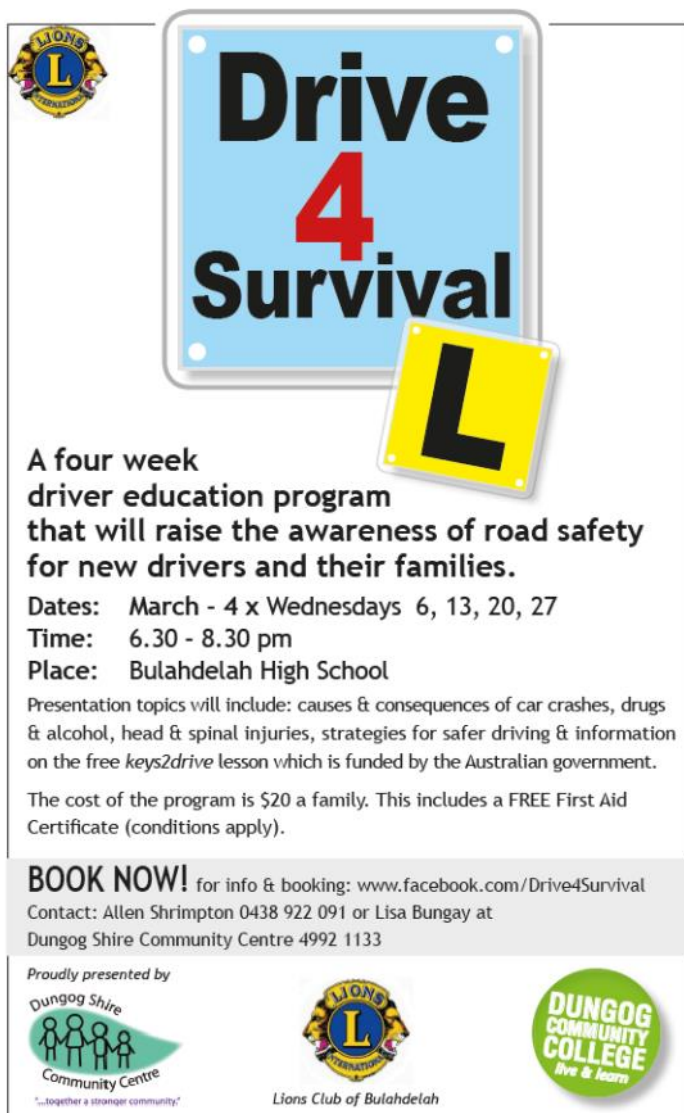
Drive4Survival

Following on from the success of last years program, this excellent road safety education initiative for students in Years 10, 11 and 12 will be delivered for the second time in 2019 at BCS. Parents/carers of students are also more than welcome to attend with their child - a great idea as it is often that the parent/carer is currently supervising the learner driver.

Year 11 students that attend all 4 sessions will be given 8 hours of time credit towards their completion of the compulsory NSW Department of Education Life Ready course. This has been explained to students at the whole school assembly.

For school based enquiries, please contact Mr Jones. For Drive4Survival enquiries, please call the contact on the flyer.

Looking forward to seeing you at the program.
Warren Jones - Head Teacher Welfare



Drive 4 Survival

A four week driver education program that will raise the awareness of road safety for new drivers and their families.

Dates: March - 4 x Wednesdays 6, 13, 20, 27
Time: 6.30 - 8.30 pm
Place: Bulahdelah High School

Presentation topics will include: causes & consequences of car crashes, drugs & alcohol, head & spinal injuries, strategies for safer driving & information on the free *keys2drive* lesson which is funded by the Australian government.

The cost of the program is \$20 a family. This includes a FREE First Aid Certificate (conditions apply).

BOOK NOW! for info & booking: www.facebook.com/Drive4Survival
Contact: Allen Shrimpton 0438 922 091 or Lisa Bungay at
Dungog Shire Community Centre 4992 1133

Proudly presented by
Dungog Shire Community Centre
"...together a stronger community"

Lions Club of Bulahdelah

DUNGOG COMMUNITY COLLEGE
live & learn



Need assistance with your homework? Join us:

Monday afternoons
in the Student Support Centre.
3:30pm - 4:30pm
Primary and Secondary students welcome.
Kim Rigley - Teacher

BCS SECONDARY SWIMMING CARNIVAL



Once again, Bulahdelah local pool was the scene of the BCS Swimming Carnival held on Friday, 8th February. The house spirit and enthusiasm from all participants went a long way to making the carnival a success.

Unfortunately, the weather closed in quite fast in the afternoon so we did not have time for the relays. As a bonus, we did manage to complete the famous 'bellyflop' contest and the inaugural 'floating flamingos' relay with captains and staff representatives from each house. Kenny proved way too strong in this novelty event, but I'm sure next year the other houses will look to dominate.

A huge thank you to all of the staff and students who assisted with the smooth running of the events. Thank you, *Tyson Oakley - Sports co ordinator*



Sasha Middleton - 13Year Female Champion



Cole Buchanan - 13Year Male Champion





1st



2nd



3rd



4th

Congratulations to the following age champions for 2019.

SECONDARY SWIMMING AGE CHAMPIONS 2019

Girls	Age	Boys
Elle Newlin	12	Braiden Dvorik
Sasha Middleton	13	Cole Buchanan
Maggie Cunich	14	Tyler Manefield
Amber Cunningham	15	Zachary Watt
Celeste Stubbs Annie Sullivan	16	Hayden Krohn
Heidi Buchanan	17	Joel King-Stow
Brooke Towers	18	Liam Garemyn





DEPUTY PRINCIPAL INSTRUCTIONAL LEADER:

Let's Move It! Move It!

After having two successful BCS swimming carnivals last week, expertly organised by Mr Pye and Mr Oakley, with pleasing student attendance at both. It is disappointing to read headlines such as that of the Daily Telegraph, strongly alluding to the fact that students of today, compared with students from 30 years ago are in physical decline.

A major Australian study has shown that our kids have extremely low levels of 'mastery' of outdoor activities such as throwing, catching, leaping and kicking, with experts blaming a rise of screen time (including mobile phones) at the expense of free play time.

This year the NSW Department of Education have released the new K-10 PDHPE (Personal Development, Health & Physical Education) Syllabus into schools. Whilst in 2019 it is only mandatory to be used in Years 7 and 9, our K-6 staff have also begun to use it.

Through this new syllabus our children will develop, strengthen and refine skills across 3 domains- Movement skills; Interpersonal skills; and Self-Management skills.

In the Movement domain of the new syllabus your children will engage in and enjoy the benefits of regular and vigorous physical activity. They will acquire and master a range of movement skills, understand the health benefits of movement and have the skills to participate in a lifetime of physical activity.

In the Interpersonal domain your children will build skills in negotiation, refusal, conflict management, and be able to develop confidence to effectively relate to and interact with other people. They will also be able to manage relationships that are caring and respectful.

The third domain, Self-Management skills will provide your children with the capacity to become confident, independent, optimistic and resilient young people who take personal responsibility for their own actions.

According to the Australian Department of Health, humans aged between the ages of 5-17 years should accumulate at least 60 minutes of moderate to vigorous intensity physical activity every day. This physical activity should include a variety of aerobic activities, and on at least three days per week our children should engage in activities that strengthen their muscles and bones.

The use of electronic media should be limited to no more than two hours a day. This helps to avoid chronic diseases such as heart disease and diabetes later on in life.

So come on!

Let's make our move - sit less and be active for life!

Debbie Booth



Congratulations!

to Ezra Hammerl on receiving the Positive Behaviour for Learning NSW Police Force Award.

We would also like to congratulate our Primary Captains/Vice Captains for 2019 who were inducted at the last Primary assembly. Isabella Sumner, Taylah Tassell, Nathaniel Reitsma, and Blake Matheson (pictured below).



PRIMARY

ASSEMBLIES

Mondays @ 2:00pm

TERM 1

Week 6: 4th March

Week 9: 25th March

BCS PRIMARY SWIMMING CARNIVAL



1st



2nd



3rd



4th

Congratulations to the following age champions for 2019.

PRIMARY SWIMMING AGE CHAMPIONS 2019

Girls	Age	Boys
Danielle Hall	8	Banjo Edwards
Indie Hope	9	Preston Kerry
Isla Sumner	10	Henry O'Connell
Mia Hope	11	Peter Poniris
Isabella Sumner	12	Corey Cunningham
	13	Axel Case

2019 House Captains/Vice Captains

Bradman	Kenny	Melba	Wentworth
Axel Case	Corey Cunningham	Jaxon Isaac	Charlie Hill-Mather
Lillian Jenkins	Katelyn Shepherd	Deanna Jenner	Bonnie Minns
Bailey Brown	Jye Bailey	Mathew Thompson	Boa Tran
Sarah Chatwood	Ellie Bonfield	Mia Hope	Isobel Antes (Higgins)



BULAHDELAH SOCCER CLUB



Bulahdelah Soccer Club registrations are now open for 2019 Winter Competition.

A new registration system is available for players this year. Please log onto playfootball.com.au and follow the prompts. We welcome all ages and abilities from 4 years and up. Come and join a team and have fun.

If you do not have internet access or are having problems registering, a committee member can be contacted on the phone number provided.

Registration/Training run and Interest day is:

Tuesday, 19th March

at the soccer fields from **5:00 to 6:00pm**.

All registered players will receive a Bulahdelah soccer club shirt.

The NSW Government Active Kids Voucher (\$100), for all school age children, can be used by applying online to Services NSW **BEFORE** registration. This voucher cannot be partially redeemed or payed after registration.

If you are interested in a role as coach, manager, referee or general helper for any ages, please email and let us know.

Fees for all competitions are listed below. Any further enquiries can be made to bulahdelahsctreasurer@hotmail.com or Jackie O'Connell on 0425 282 665.

Computer/Services NSW help available at RTC.

AGE	TOTAL FEES	WHAT YOU GET
<i>Town comp 5-7</i>	100.00	18 weeks of home soccer, ball, shinpads, trophies
<i>Town comp 8-11</i>	120.00	18 weeks of home soccer, shirt, trophy
<i>Town Comp 12+</i>	140.00	18 weeks of home soccer, shirt, trophy
<i>Travelling 12+</i>	180.00	Training Shirt
<i>Senior 15-18</i>	200.00	Training Shirt
<i>Senior 19+</i>	300.00	Training Shirt

PREMIER'S READING Challenge

NSW Premier
Gladys
Berejiklian



is encouraging school students to find the same joy in books that she has had since she was a child.

"It's important for children to discover what books have to offer because we know a passion for learning will set them up for the future," Ms Berejiklian said.

"The great thing about books is they cover just about any issue or story you can imagine."

The challenge is not a competition, but a way to foster a love of reading for pleasure in Kindergarten to year 9 students in NSW government, independent, Catholic and home schools.

Premier Berejiklian has previously spoken about how, as a child of Armenian immigrants, her passion for reading books helped her learn English when she started school.

"I would love to see as many children as possible develop an interest in reading like I did when I was at school," she said.

Students must finish between 20 and 30 books (depending on their age) to complete the challenge before it closes on 30th August.

The Reading Challenge is not a competition but a way to encourage the love of reading in children from Kindergarten to Year 9.

Welcome to the NSW Premier's Reading Challenge

The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition, but a challenge to each student to read, to read more and to read more widely.

The 2019 challenge will open on **Monday, 4th March 2019**. Students can keep a record of books they are reading now to include on their 2019 reading records when online reading records open. PRC student reading records will need to be finalised by **Friday, 30th August 2019** with coordinators having until **Friday, 13th September** to finalise all validations.

Rules

1. The Challenge opens on Monday, 4th March 2019. **You must complete your online Student Reading Record by Friday, 30th August 2019 (11:59 pm) to complete the Challenge.**

Challenge	Number of books you must read	Minimum number of PRC books	Maximum number of Personal Choice books	PRC booklists you can read from
K-2	30	25	5	K-2, 3-4, 5-6, 7-9
3-4	20	15	5	3-4, 5-6, 7-9
5-6	20	15	5	5-6, 7-9
7-9	20	15	5	5-6, 7-9

2. You must read a certain number of books to complete the Challenge:

3. Books you read after the Challenge closes can count towards the next year's Challenge.

4a. K-2 students, you can read the books on your own, read them with someone, or someone can read them to you.

4b. 3-4, 5-6, 7-9 students, you must read the books on your own, but someone can help you choose them.

5. In a series on the PRC booklist, you can read any two books as PRC books. You can read up to five other books from the same series as Personal Choice books.

6a. K-2 students, you can read books or have them read to you in your home language.

6b. 3-4, 5-6, 7-9 students, you must read all PRC books in English. You may read Personal Choice books in your home language.

7. K-2 students only - If you can read simple chapter books on your own, you can attempt the 3-4 Challenge. You need to change your online Student Reading Record to Challenge level 3-4.

8. 3-4, 5-6, 7-9 students only - If your teacher thinks you need extra help, you can listen to unabridged audio versions of the books - as long as you read along.

9. If you complete your online Student Reading Record by Friday, 30th August 2019, and it is validated by your school by Friday, 13th September (11:59 pm), you will be eligible for a PRC certificate in Term 4.

10. The certificates you can receive for completing the Challenge are:

Year of completing PRC	Award received
First year	Challenge completion certificate
Second year	Challenge completion certificate
Third year	Challenge completion certificate
Fifth year	Challenge completion certificate
Sixth year	Challenge completion certificate
Eighth year	Challenge completion certificate
Ninth year	Challenge completion certificate
Tenth year	Challenge completion certificate
Fourth year (not consecutive)	Gold certificate
Seventh year (not consecutive)	Platinum certificate
Every year from Year 3 to Year 9 (inclusive). Therefore only Year 9 students are eligible.	Medal

11. You can only receive one certificate each year.

12. PRC sends Gold and Platinum certificates to your school in Term 4 with student's names printed. Your school is responsible for downloading and printing your Challenge Completion Certificate from the PRC website.

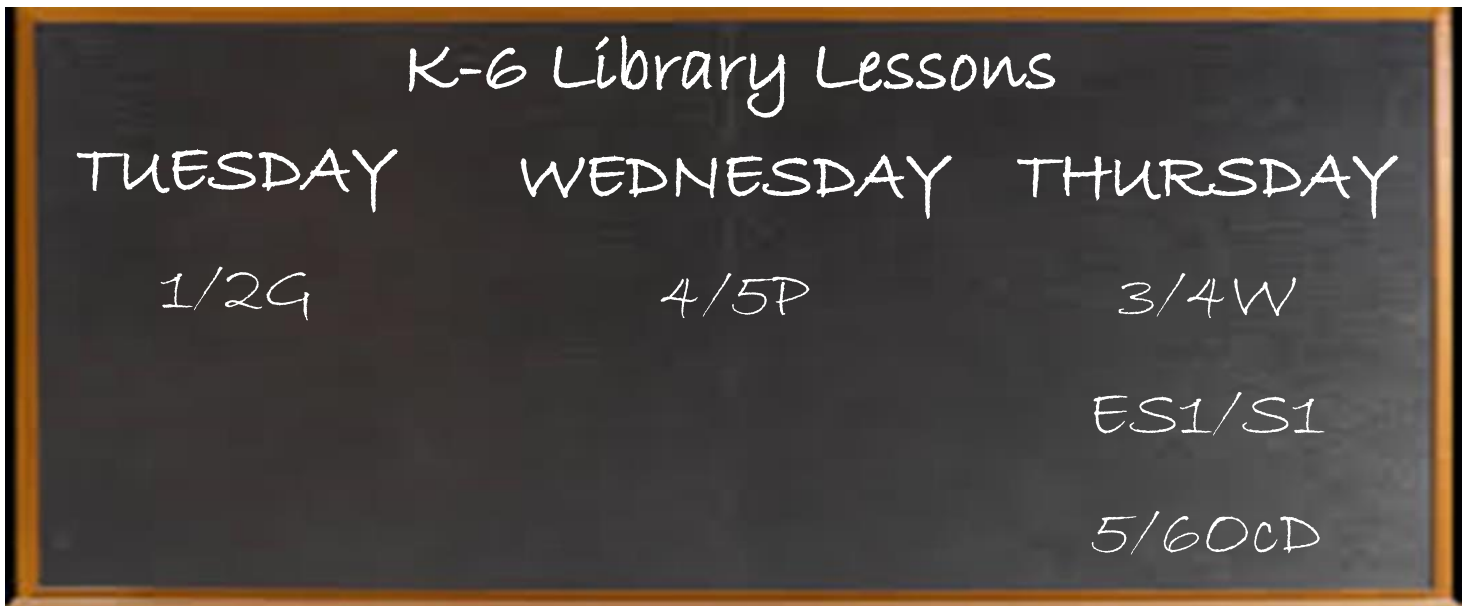
13. PLEASE NOTE: Changes to rule 13 for 2018: student names will now no longer be printed on the PRC website Gold and Platinum Honour Roll. Previously, Rule 13 stated: Your school needs to make sure your parent or carer knows that by entering the Challenge, you may receive a PRC certificate and your name may appear on the PRC Gold and Platinum Honour Roll. Your certificate will have your name and school printed on it and the Honour Roll has names listed by alphabetical order and does not mention your school name. If your parent or carer does not want you to receive a certificate or be on the Honour Roll, you must not enter any books in your online Student Reading Record. You can still use the PRC booklists to help you find books to read and you can ask your school about a school-based certificate.

14. If you are home-schooled, you can participate in the PRC once registered with the NSW Education Standards Authority (NESAs) or granted an exemption from registration. You must register with the PRC before 31st July.



**Permission notes are available at school from:
PRC Coordinator: Miss Jody Mostyn.
For any further enquires please contact Jody Mostyn - Librarian.**

Primary Library News



Borrowing/Returns. Parents/Carers could you please make sure that your children return their library book on Tuesday/Wednesday/Thursday of each week. The due date of each library book is stamped in the back of the book. Students may also return and borrow books in lunchtimes on every day except Thursday.

Library Bags. We would also like to encourage each Primary student to have a library bag. This helps protect the books from food and drink spills in bags and also helps to minimise the loss of books both at school and home. If your child does not have a Library bag, the Library can organise a bag for them.

Scholastic Book Orders. Catalogues for Scholastic come out twice a term. The due date for these orders is stamped on the front of the catalogue and is also advertised in the newsletter. **LOOP**, the Linked Online Ordering and Payment platform, allows parents to order and pay for their child's Book Club requirements in one simple online process.

LOOP orders are linked to your school and your Book Club Ordering Group. Orders sit pending until you submit the final school order to us. If parents want to pay by credit card for online Book Club orders, **LOOP** makes it easy!

Orders will be submitted safe and sound to schools, eliminating the need for paper order forms.

Student orders enable Bulahdelah Central to earn 20% of all sales in reward points which are then used to purchase new resources for the library. *Jody Mostyn - Librarian*

GLASSHOUSE PORT MACQUARIE & CDP PRESENTS TALL STORIES PRODUCTION OF

THE GRUFFALO LIVE ON STAGE!

BASED ON THE AWARD-WINNING PICTURE BOOK BY JULIA DONALDSON AND AXEL SCHEFFLER

Friday 22 March, 4.30pm

"funny, charming and smart... brings the house down"
SYDNEY MORNING HERALD

BOOK NOW!
glasshouse.org.au

SEASON 2019

GLASSHOUSE PORT MACQUARIE
02 6581 8888
Cnr Clarence & Hay Sts, Port Macquarie

cdpKids
cdp.com.au

tal
tallstories.org.uk

HASTINGS & HAY STS
A NEIGHBOURHOOD OF PORT MACQUARIE

Tell Me a Story

competitions for students Year 5 to Year 9

Writing competition

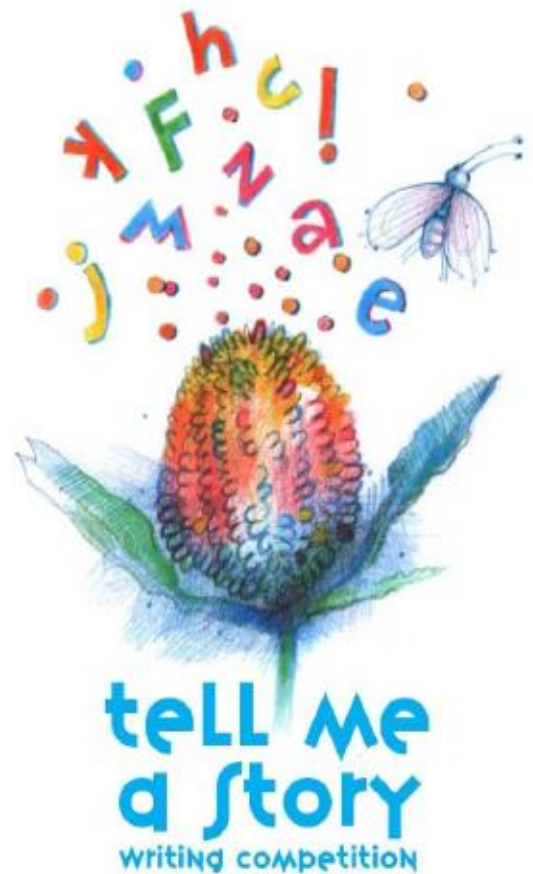
is now open.

Closing Date: Thursday, 4th April 2019

Illustration competition

will be based on selected stories entered.

Registration of interest is now open.



Winners of each competition will be announced in the **Great Lakes Advocate**. Awarded stories and illustrations will be displayed at the **Lake Street Gallery, Forster**. Students receive feedback from local writers and local artists who judge their entries.

There are prizes to be won in each competition:

Section 1: Years 7-9 three \$100 prizes

Section 2: Years 5-6 four \$50 prizes

Depending on funding, there may be a certain number of smaller prizes. No entry fees.

For conditions of entry, registration and more info check our website

www.tell-me-a-story.org.au

GREAT LAKES
Advocate



Great Lakes
Art Society 



BULAHDELAH Central School

Strive to Achieve



Wednesday, 13th March

K-12 School Photos

P&C Meetings: 13th March, 10th April

Next Newsletters for Term 1: 4th, 18th March; 1st April

End of Term 1: 12th April



<https://www.facebook.com/pages/Bulahdelah-Central->

www.bulahdelah-c.schools.nsw.edu.au

Ph: 4997 4329

“When I look at my student I see unlimited possibilities!”

Inma Garcimartin

