Bulahdelah CENTRAL SCHOOL

Strive to Achieve Term 4 Week 10 17th December, 2018 Celebrating 150 Years

Value of the Week

Excellence. We do our best to achieve excellence. Have you done your best?

School Calendar

December

19 Last day of Term 4

2019

January

30 First day of Term 1 Years 1-6 & Years 7, 11 & 12
31 First day for Kindergarten Years 7, 8 & 9

February

- 6 Primary Swimming Carnival
- 8 Secondary Swimming
- Carnival

March

13 K-12 School Photos









Blake Matheson



PRINCIPAL'S REPORT:

I would like to acknowledge and thank all staff and students for their continued commitment and hard work throughout the term.

It's been a very busy and rewarding year for all. I would also like to thank parents/carers, volunteers and community members, and our P&C for their continued support of the school.



We are unfortunately farewelling some Bulahdelah Central School teaching staff. I would like to acknowledge the contribution that Mr Shane Nunan has provided to Bulahdelah Central School during his time at the school. Shane has

worked at Bulahdelah Central School since 23rd July 2001. Shane has been a resourceful and dedicated Science Teacher and Head Teacher. We all wish Shane the best in his retirement.



I would like to acknowledge the contribution that Mr Andrew Watt has provided to Bulahdelah Central School during his time as relieving Head Teacher Mathematics and PDHPE (Personal Development, Health & Physical Education). We all wish Andrew the best in the future as he returns to Chatham High School.

There are many activities available for students during the school holiday break in the Manning Great Lakes area. MidCoast Council libraries are running a range of activities for all ages which include:

- · Construct a kite and then test fly it.
- A virtual reality experience.
- Techniques in creating your own wearable art.

For more information visit https:// library.midcoast.nsw.gov.au/Events I hope everyone has a safe and relaxing break. Merry Christmas and have a Happy New Year. George Frangos

Kite Making



08 Jan 2019 Construct a simple kite and then test fly it in the park! (Weather permitting) Bookings essential. Ages 5-12yrs. Supervised activity.

Virtual Reality Experience



07 Jan 2019 Come along and enjoy a virtual reality experience. Enter different worlds with exhilarating experiences! Ages 10yrs+. Supervised activity. Free event. Bookings essential.

Curious Creatures Craft



10 Jan 2019 Don't limit your imagination! Create weird and wonderful creatures from our treasure chest of craft materials. Ages 5-12yrs. Supervised activity. Free event. Bookings essential.

May this Christmas be a wonderful time to share with the ones you



This Christmas we wish that all your hopes and desires come true. May the Christmas magic make all your aspirations and dreams real.

As you relish the goodies, decorate every nook and corner of your home and enjoy the get-togethers...

May the joy and festivities continue to radiate in your lives, long after Christmas is gone. Merry Christmas! Happy New Year!

> From the staff of Bulahdelah Central -Merry Christmas!

DEPUTY PRINCIPAL:

As 2019 draws closer and the 2018 educational year is closing, I wish to thank the staff, students and community members for their support for BCS,

particularly over the last 12 months. It has been yet another year of learning, changes, challenges and celebrations.

2018 was the year of our school's 150th Celebrations and the introduction of community short courses. We had one of our smallest HSC cohort for a great number of years (supported with our Vertical Senior Curriculum). There was further reform in our profession and a greater focus on literacy and numeracy in our school.

2019 sees a lot of changes with teaching staff due to retirements, transfers in and out and extended leave.

Best wishes and a big thank you to the following staff members:

- Mr Shane Nunan (Head Teacher Science) all the best on his retirement.
- Mrs Sonia McDonald for her inspiring teaching pedagogy over the years as she takes a well-earned break at the start of next year.
- Mr Andrew Watt for his time as Relieving Head Teacher Mathematics as he returns to his substantive position at Chatham High School.

Congratulations to;

- Ms Pam Gollan for accepting the position of Relieving Head Teacher Science/Maths for Term 1.
- our newly appointed Science teacher, Mrs Stanfield.
- Ms Sheldon for filling Ms Chapman's year of leave in the English Department.

There will be more changes to our staff team throughout the last week . In the new year we will continue to fill other relieving positions on a temporary basis, including Ms Adam's maternity break, Mrs Will's continued leave and additional roles within the school. The role of Relieving Deputy Principal will also be available whilst I am seconded to the Department for an exciting and challenging new role.

Congratulations to our graduates! As our HSC results are announced, I hope you have made the most of the learning opportunities provided at BCS and that we have prepared you for your individual next steps of university, TAFE, apprenticeships, travel and new jobs.

Finally I would like to wish everyone a safe and happy holiday break. Please take time for yourself, your friends and family. Plan time together, remember and recognise significant people who have supported you thus far and set challenging new goals for the year ahead. *Deb Gilbert*



RESUMPTION DATES FOR STUDENTS TERM 1 2019 ARE:

WEDNESDAY, 30th January

Years 1-6 Years 7, 11 & 12

THURSDAY, 31st January

Kindergarten Years 8, 9, 10



We're Already Creepy And Kooky

Our Vertical Curriculum Senior Drama class is well under way with their production of The Addam's Family, School Edition. Sets are being painted, costumes are being designed and choreography is being created.

During Tuesday and Thursday lunches, the initial 40 + Primary choir is up to learning their third creepy song! Auditions have occurred, the main cast has been selected and rehearsals are happening on Wednesday afternoons in the school hall until 6:00pm. Dance groups are busily learning routines as the zombie ancestors of the Addam's Family.

Performances will occur next term during week 7 from March 12th - 14th. So save the date!

If any parents would like to assist with sets or costumes, please contact Vanessa Shultz at school. Vanessa Shultz - Head Teacher English Save the

12th - 14th MarCh





Year 10 English have been learning about refugees and are studying documents and journals concerning the perils of a refugee. Here are some of their letters to the editor. Some very strong and interesting opinions from our young students.

Dear Editor,

The issue of immigration in Australia is, put most simply, a mixed blessing. We must acknowledge that these people come from devastating situations. That is the main reason for the outcry and I accept that. Believe me my argument is NOT about race, culture, religion or any factors of xenophobia. My argument is that our small population is not ready for mass immigration. A reasonable regulated stream of immigration is the best way to go about it. Our population is a mere 24,000,000. That is not much in the grand scheme of things. We should only take in people proportionate to us and our society. Also, Australia is a welfare state. So the intake of too many people may result in the raising of already high taxes and economic instability. The only feasible way to take in those in need is a regulated controlled *immigration system. We need to provide integrity* and respect to those in need but the system needs to be logical and reasonable to our situation. Logical youth, Westleigh Richardson

Dear Editor,

I am writing to you today because I am angry at the way refugees are treated by the media. It is disgruntling to see the government lying about refugees in Australia and implying they are here illegally when they are 100% allowed to come to our country. This is law according to the UN Declaration of Human Rights. Australia protects about 13,750 refugees each year. This is less than 0.1 per cent of the world refugees which I strongly believe we can do better. When people are faced with war they need to know where they can seek safety. What would you do if your family were persecuted for your beliefs?

I don't know what I would do if my friend and neighbours were murdered in the middle of the night. I would pay any amount of money to get my family and I out of that county and into a safe place.

In some countries, people fear for their life. In Australia, we are so lucky we don't have to fear for our lives when we are asleep. No soldiers come to our doors with guns. We can voice our own opinions and have a right to legal representation and an education.

We have plenty of space to house refugees. So personally, I strongly assert that we should take in more refugees. Let us help others feel safe! Disappointed teenager, Hayden Krohn

Dear Editor,

More asylum seekers and refugees should be processed and allowed homage in our country. It is not illegal under Australian law to seek refuge in our country, so why is it so stigmatized? All over the media, people are arguing over the issue, but is it really such a problem? Australia, compared to other countries is rated 68th in refugees per capita. Would allowing more people into our country be such a crime?

Imagine you're swimming. You're floating on water. The commotion of the waves crash in your ears, but they can't hurt you. Nothing can touch you when you're in that place. That's what it's like to be an Australian citizen. We don't feel the pain caused by human rights abuse, but refugees do. The waves crashed on their heads and dragged them under. They clawed their way out and made it to our country. Why do you want to drown them again?

Constantly, I hear about how "boat people" are out "to steal our jobs". Quite frankly, I think that's ridiculous. The truth is, it takes months for refugees to even be processed, let alone allowed to work. The only people who are going to "steal your jobs", are people who do it better than you. Period. If you're so insecure about keeping or finding a job, work harder. It baffles me how ignorant some people can be. In fact, most of our country are boat people. Every white Australian-born person you see is a descendant of a boat person. This country was invaded by some white guy on a ship. So if that's okay, is it purely down to race? Should a person's skin tone affect their right to a happy, full life? Underneath, refugees have the same bones that we do. Refugees breathe the same air. This hatred is solely superficial, and incredibly unjust. I want to see a change. I'm fifteen years old, and if I see the truth clearer than you do, you need to check yourself. I'm tired of racism. I'm tired of discrimination. Let people be themselves and live a good life. We don't control who lives and who doesn't, or who gets to be happy and who doesn't, so stop trying to. Lani-Kai Spiers

Vanessa Shultz - Head Teacher English

Ready for high school checklist

Tick each item when it has been done (not all tasks will apply to you).

This year

- Does your teen have allergies, a health condition or additional needs? If so, talk to the high school principal as soon as possible.
- Encourage your teen to participate in any transition to high school program offered to them.
- Watch videos about high school at education.nsw.gov.au/high-school.

At high school orientation

- Find out about school uniforms (including sports uniforms) – where and when to buy them.
- Get a map of the school to identify buildings, entry points and bike racks.
- Note school start and finish times.
- Discuss safe travel routes to and from school, and find out about forms for your teen's travel pass or subsidy if applicable.
- Get details on programs the school offers.
- Make a list of book packs and school supplies.
- Learn how you can become involved in the school.
- Meet the Year 7 adviser.
- Connect with other parents on Facebook and Twitter.



Next year

January

- Buy school uniforms, books, stationery, school bag, drink bottle, house key, and any other supplies.
- Label everything.
- Break in school shoes to make them more comfortable.
- Practise travelling to and from school with your teen using their new transport or travel route. Let your teen buy travel tickets, if applicable.
- Teach them how to read the timetable for the bus, train or ferry as appropriate.
- Join your school and the department on social media to get all the updates.

At home

- Talk positively to your teen about the move to high school.
- Ask them what's exciting about high school. Does anything worry them?
- Make sure your teen has a quiet work area and extra stationery supplies.
- Organise personal hygiene items in school bags.
- Decide what your teen will do before and after school, and what time they need to be home.
- Discuss emergency and safety issues with them.

The first day

- Help set your teen's alarm. Encourage them to get themselves ready on time.
- Provide your teen with money and your contact numbers in case of emergencies.
- Make sure you have the school's phone number with you.

The first week

- Photocopy school timetables to place in school diaries, inside locker doors and on the fridge.
- Remind your teen to note all assignments, homework and events in their diary.
- Check through the timetable each night while your teen packs their bag. Encourage your teen to eat healthy food and get a good night's sleep.
 - Give the school your current contact details.

BCS Welcome students from: ^{Booral,} Bungwahl, Coolongolook, Karuah, & Tea Gardens to Year 7 Orientation Day 2018.



It was a successful transition day on Tuesday, 4th December for our New Year 7 students of 2019. There was a buzz of mixed emotions which ranged from a slight hint of nervousness to excitement. However, the anxiety was alleviated very quickly, as students

and families familiarised themselves with our comfortable surroundings.

They had a chance to chat freely with their Year 7 Advisor Miss Micheala Sawtell, Head Teachers from each faculty and other parents, as new friendships and working relationships were formed.

Students are progressing to Bulahdelah Central School from the far reaching areas of Coolongolook and Bungwahl, in the North, and from Booral, Tea Gardens and Karuah in the South. We are also welcoming families from Sydney, further west and interstate, to our region.

We were gladly surprised by, but thankful for, the large amount of parents, family members and caregivers that took the time out to support their children. This attendance and participation in the day displays an immediate positive commitment to the next phase in their child's development.



Each student was placed into one of five groups for a taster rotation of mini lessons. The students were armed with a simplified timetable, just for the day, as a practice run for their actual first day, which will be Wednesday, 30th January.

Examples of the Subject lessons that the students were engaged in were a Science experiment in the well-equipped Science Laboratory, a badge making lesson in the Art Studio and a personalised tour of the school.

Morning tea was provided for parents and students by our school canteen, whilst the Student Representative Council cooked a generous BBQ for all to enjoy at lunch.

After lunch, students completed the day with a rotation of skill based games in the gym led by Mr Jones. This gave us the opportunity to recognise some of our possible future successful sports people, whilst enjoying the active, fun team building.



Thank you to all the teaching and office staff, canteen personnel and SLSO (Student Learning Support Officers) for the success of the day. A special thank you to our responsible and capable student group leaders from Year 8 and the MC (Multi Category) class for their assistance leading the students to their taster lessons and alleviating any small anxieties students may have expressed. *Micheala Sawtell - Year 7 Advisor*





2018 Manning Great Lakes Technology Awards

On Sunday, 9th December at the Manning Art Gallery, Taree, three of our students won major awards in their categories.

Jake Billinghurst

Winner of the Year 10 Industrial Technology -Timber for his coffee table project. He won a \$400 Tool Kit package from Reece Plumbing

Harrison Hughes

2nd place in the Year 10 Industrial Technology -Timber for his coffee table project. He won a \$200 worth of tools from Taree Motorcycles.

Luke Rochester

Winner of the Major Sponsor Choice Award (Manning River Steel) for the best overall display at the award. He won \$150 prize from Manning River Steel.

There were other BCS students projects entered in the awards. These included:

Harry Plummer Year 9 Timber (Step Ladder)

Ross Bishell Year 9 Timber (Tray)

Austin Battle Years 7&8 Technology Mandatory (Candelabra)

Zane Ridley

Years 7&8 Technology Mandatory (Candelabra)

Congratulations to all these students for all of their fantastic work which was on display at these awards. *Chris Gladys - Head Teacher TAS (Technological & Applied Studies)*











Encourage your teen to keep a balance in their high school life. They still need time to relax, have fun and spend time with friends and family. They also need healthy food, exercise and a good night's sleep.

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2019 term dates for NSW public schools

Starting and finishing dates may vary from school to school. Check these dates with your school.

Term 1

Year 7 may start school on Tuesday 29 January for eastern division and Tuesday 5 February for western division. Term 1 ends on Friday 12 April.

Term 2

Students return to school on Monday 29 April. Term 2 ends on Friday 5 July.

Term 3

Students return to school on Monday 22 July. Term 3 ends on Friday 27 September.

Term 4

Students return to school on Monday 14 October. Term 4 ends on Friday 20 December.

education.nsw.gov.au/calendars

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DEPUTY PRINCIPAL INSTRUCTIONAL LEADER:

It's Holiday Time

It's nearly Christmas - that time of year when we as teachers bid farewell to our students, hoping our gleefully escaping charges don't forget *everything* they've learned during the school year. It's also the time of year when you as parents take on the challenge of keeping your children physically busy and mentally active during long summer days. Five weeks is a long time in a child's life, so it is important to keep that reading and writing going, no matter how informally or fun –filled you do it!

Here are some ideas you might like to try.

 Grab a monthly calendar or download one from the net. Have your child record their activities in each square, or even keep a record of the weather – older children may like to write instead of draw pictures e.g.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Walked dog	Visited Aunt Milly	Christmas Day	Played with new toys	Stayed indoors and cooked cakes	Walked dog	Walked dog

- Teach your children to cook using step-by-step instructions. You can find great recipes on the website called "Cooking with Kids."
- Look for online stories, e.g. The Paper Crane by Molly Bang and then do some origami (paper folding) and make an origami crane or a fish, etc. – You can find plenty of instructions online.
- Go on a walk around your neighbourhood or township and discuss old or new things; natural or man-made things, etc.
- If you like something noisy make some musical instruments from materials found around the house. Give them funny names, e.g. my 'shakegspoons'.
- Read a book and make a diorama in a box about the story.



- Catch some insects or bugs and then go online or borrow a book from the library and research some facts about what you have caught.
- Print a grid of dots from Connect the Dots by Math Cats and invite your child to make an original tessellation (tile patterns).
 - Plan with your child a family activity day.
 - Decide how much money to spend, and help your child research events and activities in your area and choose an affordable activity the whole family can enjoy. You might provide the questions below to help guide your child's thoughts as they plan this special day.
 - Describe the event or activity your family will attend.
 - Will everyone in the family enjoy this activity? Why do you think so?
 - What do you need to arrange ahead of time?
 Will you need to purchase tickets? Pack a lunch? Make reservations?
 - What supplies or materials will you need?
 - What costs will be involved?
- Ask your child to design an original paper airplane and diagram the steps for constructing it, so another family member can recreate it!
- Start a family, friend or neighbourhood book club. Even a parent and child can form a book club, by reading the same book and chatting about it.
- Play some board or card games and record details about your game on a table, e.g.

Game	Game Name	Players	Fairest Player Awarded to
1	Monopoly	Mum, Dad and me	Mum because she didn't pinch money from the bank.
2			
3			
4			
5			

If none of these ideas ignite some enthusiasm, pick up a book with your child and read, read, read!

Wishing you all a very merry Christmas and a wonderful, safe holiday! *Debbie Booth*

GLASSHOUSE



BOOKINGS ESSENTIAL, Call 6581 8888 or www.glasshouse.org.au



HOLIDAY FUN FOR KIDS!

Get creative in the school holidays with the ever-popular Glasshouse Sprouts – art activities for children!

Glasshouse Sprouts provides art activities in the Regional Gallery helping children grow their creativity and have lots of fun!

The activities are just \$7.50 per child* places are limited so book early to avoid disappointment.

Suitable for children 4 to 9 years of age Children must be accompanied by an adult.

Wednesday 9 January, 10am & 3pm Wednesday 16 January, 10am & 3pm Wednesday 23 January, 10am & 3pm

SPROUTS ROAD SHOW!

THE GLASSHOUSE SPROUTS PROGRAM IS ON THE MOVE!

Bring your kids and come along to one of our Glasshouse Sprouts Road Shows these school holidays.

The activities are just \$7.50 per child.

Children must be accompanied by an adult. Suitable for children aged 4 to 9 years old.

WAUCHOPE LIBRARY Thursday 17 January, 11am

LAURIETON LIBRARY Thursday 24 January, 11am

Bookings available at the Library on the day. If bringing groups, please call the Glasshouse to book in advance.





BULAHDELAH NEWSAGENCY

situated in Stroud Street, now stocks the BCS girls uniform - navy skirts, shorts and long pants.

Navy Skirts	Sizes 2-18	\$25
Navy Shorts	Sizes 2-18	\$35
Navy Long Pants	Sizes 4-18	\$44

Opened: Monday to Friday 6am – 5pm Saturday 6am – 1pm Sunday 6am – 12noon

BCS UNIFORM PRIC	E LIST 201	8/19
ITEM	SIZE	TOTAL COST
SCHOOL S	HIRTS	
School Shirt - LW Reid		\$30.00
Senior School Shirt (white)		\$30.00
SPORTS UN	IFORM	
Sport Shirt		\$25.00
Sport Shorts		\$25.00
JUMPE	RS	
Hooded Jumpers	4 - 24	\$45.00
PRIMA	RY	
Primary Check Shift	4 - 12	\$50.00
Primary Hats		\$10.00
Navy Unisex Shorts		\$20.00
SAFETY GEAR & C	ALCULATO	ORS
Apron		\$8.00
Safety Glasses		\$6.00
Calculators		\$25.00
ART BO	OKS	
Art Books		\$10.00
Photography Books		\$10.00

All other school uniforms and supplies are available, including shirts pictured below, from the BCS office or on-line as per attached form. We have included a price list of various uniforms and school equipment that your child may require for your perusal.





BCS uniforms are also available from BT Fashions located in the Coles complex in Tea Gardens (prices may vary).

Opened: Monday to Friday 9am - 5pm Saturday 9am - 1pm Note: 2019 book packs for Years 7, 8, 9 & 10 are now available for purchase at Hawks Nest Newsagency. They will also be available from the Bulahdelah Newsagency early January, 2019.





Learn to swim program JANUARY 2019

- Teaches water awareness, stroke development and endurance
- Fun and safe environment
- Eight or nine consecutive week days
- Children aged 18 months to 12 years
- Qualified instructors

.....

\$74 for school aged children and \$52 for pre-schoolers (excludes pool entry)

Phone: 13 13 02 Email: swimandsurvive@sport.nsw.gov.au Facebook: facebook.com/OOSNSW

sport.nsw.gov.au/swimandsurvive





KIDS IN CARS

Tips When Travelling In Cars With Children:

- Dress your children appropriately in loose natural fibres and remove sun hats once in the car - especially for long journeys. If possible, try to travel in the cooler parts of the day such as early in the morning or later in the day.
- Take plenty of drinking water in suitable containers for children to drink from.
- Children should get in and out of the car through the left rear door - the 'safety' door.
- Sleeping children should remain buckled up into the appropriate seatbelt or child restraint.
- Plan regular breaks in rest areas or other safe places well away from the road.
 Physical activity will make the journey less tiresome for all the family.
- Gather a selection of *'special'* toys or other activities that are safe for use in the car such as storybooks, a book of word games, story CDs or soft toys.
- Talk with your child as you drive, discussing things that can be seen out of the window.
- Play 'I Spy', or games where children spot items in the environment.





"At Christmas and always, may peace and love fill your heart, beauty fill your world, and contentment and joy fill your days."

