

Tall Timbers Newsletter



Strive to Achieve

BULAHDELAH CENTRAL SCHOOL

A PRIDE School

Term 4 Week 2 Issue 16

12th October, 2015

➤ **GREAT NEWS INSIDE**

- * Minister's Award
- * "Pitch Perfect" 13th, 14th, 15th Oct
- * P&C Meeting Dates
- * Goodbye Sally Graham
- * Swimming Club
- * Artwork from Year 2/O

➤ **BCS SCHOOL PROGRAMS**



➤ **VALUE OF THE WEEK**

Respect. We respect the rights of others, ourselves & the school in an environment of harmony & personal responsibility. Do you respect yourself, respect others & take responsibility for your own actions?



BCS



YR12



All staff and students wish our outgoing Year 12 students beginning Higher School Certificate exams this week all the very best.

Written exams begin today with the English Standard and Advanced papers and conclude on Wednesday November 4th with Visual Arts.





➤ PRINCIPAL'S REPORT:

Congratulations Karl Price and Ellie Gooch

At the end of last term Karl and Ellie were presented with a Minister's Award for Excellence in Student Achievement 2015 at a special presentation at Parliament House Sydney.

This is a fantastic result for our school as we were the only school on the north coast (actually north of Newcastle) to have a student receive this award. And to have two students recognised out of a total of 38 state-wide is testament to the calibre of students attending our small school.

This Award for Excellence in Student Achievement is a prestigious award presented to students who have demonstrated high achievement in academic excellence, leadership and commitment to the school and education community.

The Award recognises students' achievements over the secondary school years with particular emphasis on achievements in Years 11 and 12. Students who are nominated must demonstrate:

- academic excellence;
- sporting and/or cultural achievements;
- leadership skills;
- commitment to the school community; and

- values such as integrity, excellence, respect, responsibility, cooperation, participation, care and fairness.

Also congratulations Liam Barnett and Karl Price

Both boys have been accepted into a one week, all expenses paid, geographical research project in Moreton Bay. These lucky young men will be helping scientists figure out exactly how pollutants from Brisbane are affecting Moreton Bay. Part of the research involves collecting ecological data on the sediment, seagrass, small fish and marine animals living there to determine how humans are changing the ecosystem. Seagrass, small fish and marine animals are key food sources for larger animals, such as fish, dugongs and dolphins, so the health of these resources is important to the animals that call the bay home.

The information they collect will go into a report on the health of Moreton Bay, which researchers will use to educate the community and encourage politicians to protect this vital marine ecosystem.

The NGO (Non-Government Organisation) who are organising this project said they received a lot of high quality applications, so to get two, from the one small school is another outstanding result for our students and of course the staff members who work with these students every day.



Bulahdelah Central School proudly present
PITCH PERFECT, THE MUSICAL

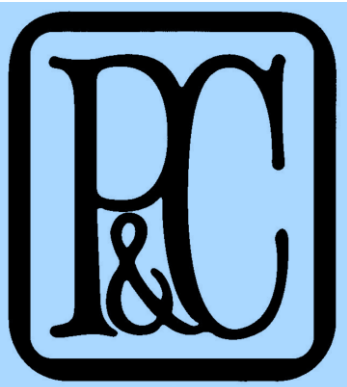


2015



Where? Bulahdelah School Hall
When? 13th 14th 15th of October
6-8pm
Price? \$5 student, \$10 adult,
\$30 family

The Musical



Dates for P&C Meetings Term 4:

Monday 12th Oct

3.30pm Bulahdelah

Monday 9th Nov

3.45pm Tea Gardens



➤ DEPUTY PRI. PRINCIPAL:

This will be my final report for the "Tall Timbers" newsletter, as on 26th Oct (Week 4) I will commence in my new role, as Principal, at the John Hunter Hospital School. Although I am looking forward to my new role and the new challenges and learning all that it will offer, I am equally going to miss the staff, students and parents at BCS. This has been my work home and my work family for the past almost nine years and I have enjoyed coming to work at BCS every day. I would first of all like to thank the many wonderful staff I have worked with during my time at BCS. I have been well supported by the most hard-working and dedicated teaching, ancillary and support staff and colleagues. Their commitment to the students' learning, progress and well-being is unrivalled and I have appreciated and valued everything they have done and, I know, will continue to do, for the students at BCS. Thank you!

We become teachers because we have a genuine love of children and a passion for making a difference to the lives of the students we teach. The students at BCS never cease to amaze me with their determination to achieve, their courage to take risks and discover things they never imagined they could do or learn. There is nothing more satisfying, for a teacher, than to see that spark in one of their students.

I have loved working with the students at BCS. It hasn't always been easy but it's always been very rewarding.

The third part in the equation is the parents, many of whom I have come to know very well. I would like to thank all parents for your continued support of the many and varied learning experiences that we endeavour to offer, to nurture the whole child. Your support and friendship have always been greatly appreciated and valued. Thank you one and all! Thank you for the wonderful memories that I will take with me from BCS. My time at BCS may be nearly at an end but the memories will stay with me for many years to come.

There will be some changes to the primary staff between now and the end of the year. My position will be filled in a relieving capacity. We will appoint a new Assistant Principal, in the coming weeks. This position was made vacant by Mr Backhouse's retirement earlier in the year. Parents can be assured that these changes will, in no way, impact upon the learning programs of the students, in the classroom.

Kindergarten orientation for our 2016 students commences this week. We look forward to their visits over the coming weeks.

Kim Rigley returns, this week, to complete a four week practicum. We welcome Kim back to BCS.

"Day for Daniel" for Primary Students

Please mark on your calendar Friday the 30th October as the annual "Day for Daniel" Morcombe. This will be an out of uniform day. K-6 students need to wear a red article of clothing. Students will participate in various safety programs including a visit by the Police School Liaison officers.



Help us Improve Reading in the Community

Research shows that people with better reading skills are more likely to have a job, more likely to be paid more, experience better health and are less likely to end up in goal. For those with lower reading skills the reverse is true.

As part of a desire to improve literacy levels in the region the Great Lakes Library Service secured funding in 2014 to train people in how to become literacy tutors. When they called for volunteers they were overwhelmed with the response. One thing lead to another and a wonderful service called Better Reading Better Communities was established.

Better Reading Better Communities has now come to the Myall, thanks to support from North Coast TAFE and our library. But what does all that mean?

The cornerstone of Better Reading Better Communities is a group of enthusiastic volunteers who have been trained to help people of all ages and all abilities to improve their reading.

In the Forster-Tuncurry area these tutors are working with schools, working one-on-one with adults, reading at nursing homes, holding story time sessions at the local markets and even helping people fill out forms.

Better Reading Better Communities would like to give Myall residents the same opportunity to develop the skills necessary to help people who really need reading assistance. TAFE will provide the training, the Tea Gardens Library will be the venue – the only missing ingredient is you.

The training has been developed to be undertaken online, with a special, initial face-to-face training session to get people on the right track. This will take place on Thursday 3rd December at Tea Gardens Library. There is no cost to this training (the library is covering it) and there are no restrictions on who can participate, though there is a maximum of 20 people for the face-to-face training session.

As part of the program course participants will be registered as library volunteers, that will enable them to have free NSW police checks and working with children checks completed

Perhaps you know someone who could use some help with their reading. Perhaps you'd like to help local residents improve their reading. Perhaps you just want to make a difference in your community. Perhaps becoming a Better Reading Better Communities literacy tutor is exactly what you're looking for.

If you'd like to receive free training, developed by qualified TAFE teachers, in how to help people with their reading, then please contact the friendly staff at Tea Gardens Library (in person or via phone on 4997 1265).

**Believe it
or Not!
or Not!**

*Wearing headphones
for just an hour will
increase the bacteria in
your ear by 700 times.*



➤ **REL. DEPUTY PRINCIPAL:**

Welcome back from Term 3 holidays I hope that everybody had an enjoyable and relaxing break. Term 4 has started with activities that are already underway.

During the holidays Liam Barnett and Karl Price (Year 12 students) were accepted into a one week all expenses paid geographical research project at Moreton Bay (Qld). Mr Ben Holt, along with the boys, applied for the project organised by Earthwatch in Term 3. It is researching the effects of pollution on dugongs and dolphins in the bay. From all reports from Mr Holt, the competition for places in this project was high. Congratulations boys for achieving such a great honour, you are well deserved winners of this award.

Friday 9th October was the last day for Mr Ben Holt, as he is taking leave for the remainder of this year and the first 3 terms of next year. Mr Holt has been working at BCS in the HSIE (Human Society & Its Environment) faculty for 4 years and has always been professional and dedicated within his role and the school itself.

We hope that his time in South Australia is productive and rewarding to both himself and his wife.

Year 12 have been on Stuvac (Study Vacation) in Week 1 and start their HSC exams with English today, Monday 12th. We wish them all the best in their exams over the next few weeks to obtain the best results they can achieve. Monday 9th November sees the culmination of 13 years of schooling with the Year 12 graduation ceremony. We look forward to seeing the Year 12 students all dressed up for the occasion.

A reminder that the school’s musical, “Pitch Perfect”, is being performed in the school’s hall on Tuesday, Wednesday and Thursday evenings. The students, along with Mrs Shultz and other teachers, have spent a great deal of time and effort getting the production ready for this week. I hope that all goes to plan. I am sure it will and best of luck to all.

Reminder that students in Years 7- 10 should be gearing themselves up for their yearly exams in Weeks 6 and 7 of this term.



**Don't forget!
Book Club
orders
are due:
Wed 28th Oct**

➤ **IMPORTANT DATES:**

Oct	13-15	“Pitch Perfect” the musical
	14	Kinder Orientation
		Yrs5&6 Police Liaison Officer Visit
	21	Kinder Orientation
	23	Yr6 NAP Science Test
Nov	28	Kinder Orientation
	2	Yr11 HSC Discovery Study Day
	4	Kinder Orientation
	9	Yr12 Formal Bulahdelah Golf Club
	18-20	Yrs5&6 Canberra Excursion
	20-21	Bulahdelah Show



BULAHDELAH SWIMMING CLUB

The pool is open! That means it's time to start another season of Swimming Club.

Swimming Club is fun and helps to improve fitness. It's a great way to make friends and learn new skills for life. Swimming is good for your health and is especially beneficial to asthmatics. Anyone, child or adult alike, can join Bulahdelah Swimming Club - the only requirement being that you are able to swim one lap of the pool.

Swimming Club is a great way of motivating oneself to exercise and to help improve swimming times! Our swim meets are on Monday afternoons at 3.45pm where swimmers race with others in their grade.

Swimmers are graded according to ability, not age. They are rewarded when their personal times are improved, regardless of their finishing position.

Swimming Club will resume on Monday afternoon, 19th of October, at 3.45pm when we'll run some informal races, giving you an opportunity to see how well you swim (and to see how cold the water is after winter!). So if you've not been before, come along and find out what Swimming Club involves.

If you or your child is interested in joining Swimming Club and you'd like to know more about it then we'd love to see you there.

For further information please contact Georgina Cunich at Bulahdelah Central on 49 974329.

EXPRESSIONS OF INTEREST

FOR

MILO CRICKET

Boys and Girls 5-10 yrs.

Contact Erin Matheson - ering417@yahoo.com

(Please let me know the

name and age of your child.)

For information on what Milo Cricket is all about, check out the website at www.playcricket.com.au

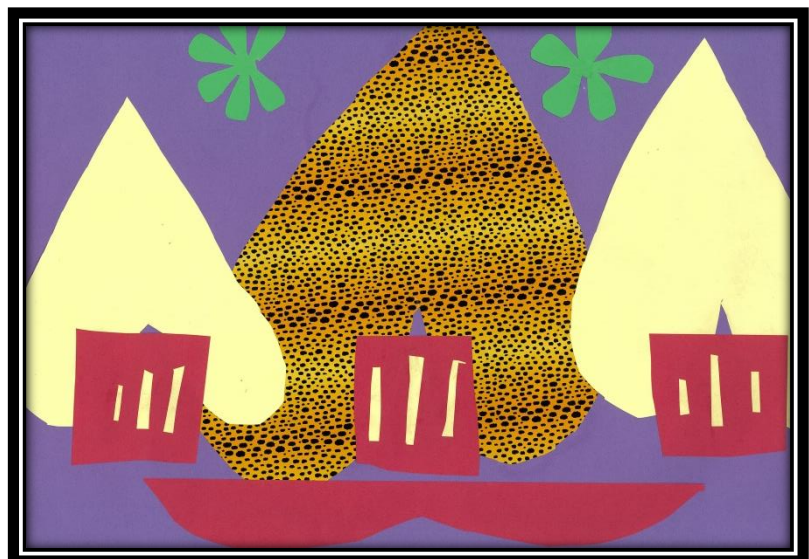




Here are some examples of artwork from students in 2/0 which will be entered in the Bulahdelah Show 2015.



Categories of painting, collage and line drawing. (We are unable to identify the artists before judging).



2015 Junior Rep Awards Dinner

The 2015 Junior Representative Presentation Dinner was held at Eastwood Rugby Club on Friday, 12th of June by the Board of the NSWRLRA.

The Frank Walsh Memorial Trophy went to **Martin Jones (BCS School Captain 2009)** for finishing as the number one referee in the Junior Representative season, controlling the S.G. Ball Grand Final.



Good for Kids good for life

Active as a Family

Busy lives and long work schedules can mean that many families spend time apart during the week and exercise on their own.

Here are some ways to connect as a family, revive energy levels and feel fit and healthy:

- A simple walk after dinner
- Join an all ages group like a fun run or cycling group
- Play touch football or cricket in the backyard on weekends
- Go for a hike or bike ride around local walking tracks
- Spend the day at the beach or your local swimming pool.





Stepping Stones Triple P



Does your child have a disability?

Is this you? Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won't eat her dinner. Or your six year old won't share his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

As part of the Stepping Stones Triple P Project, **Manning & Great Lakes Early Intervention** invites all parents of children with a disability aged 2 to 12 to attend the following FREE parenting seminar series:

Seminar 1: Positive Parenting for Children with a Disability
Monday the 26th of October 2015, 10.00am-11:30am.

Seminar 2: Helping your Child reach their Potential
Monday the 2nd of November 2015, 10.00am-11:30am.

Seminar 3: Changing Problem Behaviour into Positive Behaviour
Monday the 9th of November 2015, 10.00am-11:30am.

Where: Manning & Great Lakes Early Intervention- 5 Capel Street Tuncurry 2428.
Please note child minding is not able to be provided for these seminars.

RSVP: As these programs are being funded as part of a research project please contact the research team to register your interest.

Phone: 02 9114 4060

Email: rhs.Steppingstones@sydney.edu.au



Funded by the National Health and Medical Research Council, Australia



“Real learning comes about when the competitive spirit has ceased.”

Jiddu Krishnamurti

