

Tall Timbers Newsletter



Strive to Achieve

BULAHDELAH CENTRAL SCHOOL

A PRIDE School

Term 4 Week 4 Issue 16

27th October 2014

➤ GREAT NEWS INSIDE

- * Hairspray Musical
- * Riding for Disabled
- * Vaccinations
- * Year 7 Enrolment 2016
- * Maitland Horse Sports Day
- * Swim & Survive Lessons

➤ BCS SCHOOL PROGRAMS

healthykids
eat well, get active



VALUE OF THE WEEK

Participation. We promote participation & school spirit in an environment that values the participation of students, staff & the wider community. Are you actively involved in the life of the school?

Lights, Camera, Action.



Hayden Crawford - Camera Man

I arrived to be greeted by name at the door. I refused the assistance of an usher as I had already identified my seat. Soon after, it began. A song, a dance and a squirt of romance. Not knowing what to expect (I had never seen "Hairspray") I was delighted to be enraptured not only by the incredibly entertaining cast but also the Mexican wave style choir. Spellbound, time passed in a scissor snip and the first act was sadly over.



Chloe Shultz - Tracy Turnblad; Andrew Wood - Link Larkin; Kyle Shultz - Corny Collins

Mingling amongst the crowd were bejewelled, sequined, tanning salon converts, tuxedo wearing game show hosts, 60's rockers and BCS's very own form of Mrs Doubtfire. The atmosphere was electric with the audience absolutely loving it.

To all those involved in anyway, big or small, you did a fantastic job and hats off to Vanessa. Well done. Until next time, *Stefan (reviewer to the stars).*



*Cory Collins is the host of the famous Cory Collins Show, with his bubbly personality and great looks; he impresses everyone with his charm. **Played by Kyle Shultz.***

In the groovy 60's chubby Tracy Turnblad was just an obsessed teenager of the famous Cory Collins Show until she got the chance to audition and 'bust a move' with her idol, Link Larkin.

Velma Von Tussle, the evil producer of the Cory Collins Show, demonstrates her racist and discriminatory attitude during the 1960's America.

Tracy and her friends fight for 'Negro Day' to be everyday, amidst up beat music and BIG hair.



*Tracy Turnblad's personality is almost as big as she is! She loves to dance to the latest tunes, and obsess over her idol, Link Larkin! **Played by Chloe Shultz.***

*Link Larkin's sexy nature has every girl in Baltimore crushing on him. With his hot moves and kind heart he has the whole world at his feet. **Played by Andrew Wood.***



*"Motormouth" Maybelle, a Baltimore rhythm and blues radio DJ who hosts "Negro Day" on the Corny Collins Show. Maybelle also runs a record shop on North Avenue.
Played by Jaimii Gardner-Carroll.*



*Velma Von Tussle is the producer of the Corny Collins Show. Velma can be very uptight and controlling and has a negative perspective of 'coloured' people.
Played by Ruby Keys.*



*Mr Pinky, the owner of a dress shop called Mr Pinky's Hefty Hideaway, who hires Tracy as his spokes girl.
Played by Bailey Shultz.*



Penny Pingleton is sweet and innocent. Penny supports Tracy as she reaches for her dreams but unfortunately her strict mother despises the Corny Collins Show.
Played by McKelty Ray-Searle.

Seaweed J Stubbs is a spunky young Negro who enjoys grooving with all his friends!
Played by Carl Williams.

Amber Von Tussle is a self-centred and vague dancer. Trying to follow in her mother's footsteps, she gets caught up in a world of devastation trying to keep the love of her life and win Miss Teenage Hairspray.
Played by Sarah Rooney.



Wilbur Turnblad, Tracy's father, the easygoing proprietor of the Hardy Har Hut joke shop below the Turnblad family's apartment.
Played by Joshua Campbell.

Edna Turnblad, Tracy's mother and agent, an agoraphobic ashamed of her obesity.
Played by Kai McNally.



The Dynamites. Played by Heather Moncrieff, Hannah Lawton and Leonie Newton.

Cut,
that's
a wrap!





➤ PRINCIPAL'S REPORT:

Scripture Survey

We have a request to extend current scripture arrangements into Year 9. As such I'm requesting feedback from parents as to whether they believe scripture should be part of the Year 9 curriculum.

If you can please contact me with your thoughts on a dedicated scripture period in Year 9 it would be appreciated.

Currently Years 9-11 have seminars run by different groups each semester in-lieu of timetabled scripture periods. These will continue where there is a request and student interest dictates a need.

The scripture program currently running in the Primary school and Years 7 and 8 in the Secondary area has been quite valuable and students have indicated they enjoy many aspects of the program. This week we will be asking Year 8 for some feedback and requesting their thoughts on the scripture program being included in Year 9.

The results will determine our next course of action and I will publish these in a future newsletter.

Seriously, your kids should not be watch this

This was the title of an article in last Friday's Daily Telegraph and highlights the findings of a recent study where parents who watched several clips of movie violence in succession became desensitized over time, and they relaxed their standards for what they would allow their children to see.

In particular, the researchers point out, the violence in movies has become more graphic over the last several decades and we, as a society are

allowing this to happen in many G, PG and M classifications.

The study suggests the classification boards are getting desensitized and thus allowing more graphic violence and sex scenes to be included in materials being advertised and available to young children.

Many people believe that these images are harmless to their children but studies show that violence on television, in movies and within video games does have an adverse effect on children and the way they think and act. This is true not only for young children, but some recent studies indicate that watching violence on television can even impact adults.

Psychological research has shown three major effects of seeing violence on television:

- Children may become less sensitive to the pain and suffering of others
- Children may be more fearful of the world around them
- Children may be more likely to behave in aggressive or harmful ways toward others.

Parents have the power to moderate their children's TV viewing, game playing and the movies they watch. Parents are entitled to parent and that includes checking in every once and a while to monitor what their children are actually watching on TV or their computer. Even the repetitive violence shown in the nightly news is very disturbing to a young mind. Such violent overload can be directly linked to changes in the brain similar to that seen in abuse. In fact, these changes can actually be viewed on an MRI.

There is no doubt about it, violent programs on television and video games lead to aggressive behaviour by children and teenagers who watch those programs or play those games, scientists who have studied this issue say that there is a direct link.



BULAHDELAH SWIMMING CLUB

The pool is open! That means it's time to start another season of Swimming Club.

Anyone, child or adult alike, can join Bulahdelah Swimming Club - the only requirement being that you are able to swim one lap of the pool. There will be at least three adults swimming this year and we'd love to have others join also.



New Date
Wednesday 5th November 2014

ENTRIES HAVE NOW BEEN OPENED FOR NEW RIDERS ALL EXISTING ENTRIES HAVE BEEN HELD OVER, IF YOU CAN NO LONGER COMPETE ON THIS DATE PLEASE LET US KNOW ASAP BY EMAIL TO iona-p.school@det.nsw.edu.au

ENTRIES CLOSE Wednesday 29th October 2014

at
Maitland Polocrosse Grounds, Anambah Rd Rutherford

(1km off New England Highway)
Commencing: 8.00am Gear Check by Team Manager,

8.30am start

All forms available on the school website

www.iona-p.schools.nsw.edu.au

Entry Fee: \$20 per rider * (See conditions of entry)

Riding Events:

Riding Classes
Hacking Classes
Pleasure Hack

Sporting Events:

Flag
Bend
Barrel
Ball
Sporting Figure 8

| | |
|---------------|---|
| All Enquiries | Fiona Lawrence Email: f.lawrence5@bigpond.com Phone: 02 4930 1415 (school hours) Mobile: 0448 300 023 |
|---------------|---|

Swimming Club is a great way of motivating oneself to exercise and to help improve swimming times! Our swim meets are on Monday afternoons at 3.45pm where swimmers race with others in their grade. Swimmers are graded according to ability, not age. They are rewarded when their personal times are improved, regardless of their finishing position.

Swimming Club will resume on Monday afternoon, the 13th of October, at 3.45pm when we'll run some informal races, giving you an opportunity to see how well you swim (and to see how cold the water is after winter!). So if you've not been before, come along and find out what Swimming Club involves.

If you or your child is interested in joining Swimming Club and you'd like to know more about it then we'd love to see you there.

For further information please contact Meredyth on 4997 4146 or email Meredyth at badenoch@activ8.net.au



Find us on
Facebook

➤ IMPORTANT DATES:

| | | |
|------------|----|--|
| Oct | 31 | Daniel Morcombe Day Riding for the Disabled Fundraiser |
| Nov | 3 | Yr11 Resilience Workshop |
| | 5 | Yrs8-11 Sculpture by the Sea |
| | 10 | P&C Meeting T.Gardens 3.45pm Yrs7-10 Exams |
| | 11 | Yr12 School Formal |
| | 2 | MC Class Ten Pin Bowling |
| Dec | 8 | Yr8 Aztec & Ind. Aust Excursion |
| | 12 | Yrs 7-11 End of Year Assembly Matt Smith Memorial Concert |



➤ BCS DEPUTY PRINCIPAL:

The start of Term 4 has been very busy and is showing no signs of slowing down.

Our Year 12 students have been working their way through the rigorous HSC examination process. The feedback from the students to date has been varied as they report back to our staff. Some are exploring their options for their future before their results become available in December by applying for Principal's Recommendation for universities, investigating TAFE courses and searching the classifieds for short term and long term work opportunities. Some are, of course, taking a well-earned break and celebrating the completion of their school years. We will of course celebrate with the students and their parents at the Year 12 Formal on Thursday 11th November. Invitations have been sent out and all involved are reminded that this is a Department of Education function and as such no alcohol is permitted.

Mrs Shultz and her dedicated team of staff and students are to be congratulated on their fantastic performance of the musical *'Hairspray'* during the second week. The extensive cast, supported by an enthusiastic choir, should be very proud of their efforts. Photos of the performance can be found on our Facebook page.

Staff have been involved in Peer Learning, supporting each other to plan, implement and reflect on a focus area of their teaching. I have enjoyed leading teams through training and evaluation phases, being particularly impressed with the level of dialogue about pedagogy between our teachers. Whilst formal evaluation comments have been very positive, I believe the anecdotal evidence of staff partnerships and continuing support has demonstrated the strengths of the project.

Congratulations to Rheanna White and Emily Kirkpatrick for being accepted for the next Rotary

RYPEN camp. RYPEN (Rotary Youth Program of Enrichment) is a 3 day camp and program for 14 to 17 year old boys and girls. The aim is to communicate with these young people a series of ideas, problems and social experiences which will assist them in forming their own values and moral standards, and also to broaden their horizons culturally, socially and academically. We thank the Tea Gardens Rotary Club for sponsoring these exceptional young ladies to attend this very rewarding program.

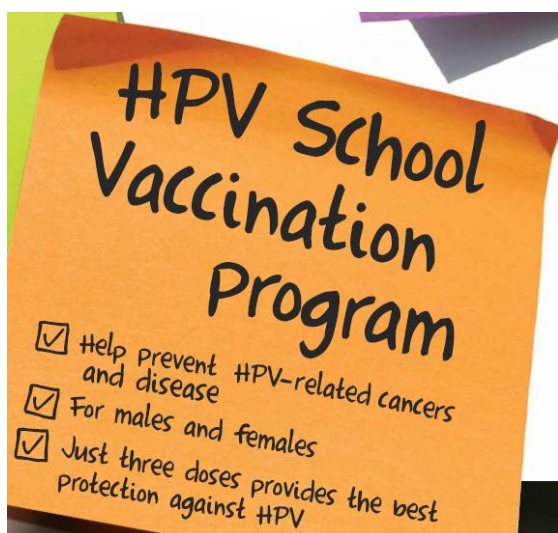
Our SRC (Student Representative Council) team have planned a 'Bulahdelah Cup' as a fundraiser for our local Riding for the Disabled program. They have organised a Melbourne Cup style event with fashion of the field-out of uniform and piggy back horse races for the Secondary students. The event that stops sport for a lesson, will be held on Friday 31st October. Female students are reminded that their dresses must not be strapless nor shorter than their fingertips with hands placed by their sides and all students must wear appropriate shoes throughout the day (shoes can be changed for the fashion judging but must then be changed afterwards to resume class). The race events will involve piggy backing across the width of the football field with the major event involving a swap of horse and jockey roles before returning across the field. All events will be run in three categories: Years 7/8, Years 9/10 and Year 11/Staff. Any student dressing up or entering the races is to donate \$2 per event. It certainly has the making for a fun afternoon and I congratulate the SRC for their idea.

All students and staff are invited to the dedication and opening ceremony of the Bulahdelah District Soldiers' Memorial Gates on Saturday 15th November. The students can join in the ANZAC style march from the corner of Stroud Street and Stuart Street at 2pm to the gates at the entrance of the showground. This is a part of the Bulahdelah Show festivities and the committee is hoping that it will be well supported. It is hoped we can support our local show with student entries, attendance and enthusiasm. *Cont.....*

For the next six weeks I will be working on our National Partnership Numeracy Project to build staff capacity and student outcomes. Mr Gladys will be relieving as Deputy Principal for this time and Mr Smith will be relieving Head Teacher TAS.

At the business end of the school, Year 11 students have been handed their HSC assessment booklets and are reminded that their attendance, application and results are now all contributing towards their final results. Year 7- 10 students will sit their final exams for the year during Week 6 and Year 10 students need to organise their work experience venues for the end of term.

➤ LAST CHANCE FOR STUDENTS TO RECEIVE VACCINATIONS:



The last school based vaccination clinic at school will be held on **Thursday 20th November**.

It is not too late for your Year 7 son or daughter, or Year 9 son, to receive missed vaccine doses offered 2014. If you have not completed a consent form, please ask the school for one and send it back in time for the last clinic. Any missed vaccine, even a first dose of HPV (Human Papillomavirus Vaccination) can be administered at this last clinic. HPV is an expensive vaccine, and is only funded if the course is commenced in Year 7 at school.

What happens if my child has not received a full course of 3 doses of HPV by the end of this year?
– as long as your child starts the course of HPV while they are in Year 7 in 2014 the nurses will complete their course while they are in Year 8 in 2015. You do not need to take any further action. This will however be the last opportunity for boys in Year 9 to have a HPV vaccine dose at school. Year 9 boys who have had less than 3 doses of HPV vaccine after this next visit can complete the schedule at their GP practice. Your child is given a record of vaccination for each vaccine administered; you may need to ask them for this copy.

You can contact the Hunter New England Population Health Unit on 49246477 and ask for an immunisation officer if you have any questions.

Hunter New England Population Health Direct Contact Details

Phone: (02) 49246477



Health
Hunter New England
Local Health Network

BSC CUP

FUNDRAISING FOR

'RIDING FOR THE DISABLED'

FRIDAY

31ST OCT
TOP OVAL

FIND A PARTNER AND GET
COMPETITIVE!

FASHION ON THE FIELD

PRIZES TO BE WON...

LOTS OF FUN TO BE HAD



Categories include.....

*Years 7 & 8

*Years 9 & 10

*Year 11 & Staff



\$4 per team to race

\$2 fashion on the field



Information about applying for Year 7 entry to selective high schools in

2016

Thinking of applying for a government selective high school for Year 7 entry in 2016?

You must apply online at
www.schools.nsw.edu.au/shsplacement



Key dates

Tuesday 14 October 2014

Application website opens

Monday 17 November 2014

Application website closes

Thursday 26 February 2015

Test centre advice

Thursday 12 March 2015

Selective High School Placement Test

Early July 2015

Outcome advice

Please read this booklet carefully
before applying.

There is more information at:
www.schools.nsw.edu.au/shsplacement

New from 2014. No paper application forms are printed – applications are online only. Applications will not be accepted after 18th November.

- Parents must apply online at www.schools.nsw.edu.au/shsplacement
- Applications for entry in 2016 can be made online between 14th October 2014 and 17th November 2014.
- All applicants are required to sit the Selective High School Placement Test to be held on Thursday 12th March 2015.



➤ **BCS REL. DEPUTY
PRI. PRINCIPAL:**

Term 4 is already proving to be another very busy term. Primary staff members are currently involved in the Peer Learning Professional Development program which involves a sequence of collegial planning, teaching and discussion sessions. Teachers are also busy testing students, finalising assessment data and writing reports for the end of term. It is important that all students attend school every day to avoid missing any of these important assessment tasks which assist us in accurately measuring student learning.

Kindergarten to Year 2 students took part in the 'Responsible Pet Program' last Thursday. When asked about how they enjoyed the show, there were only positive responses.

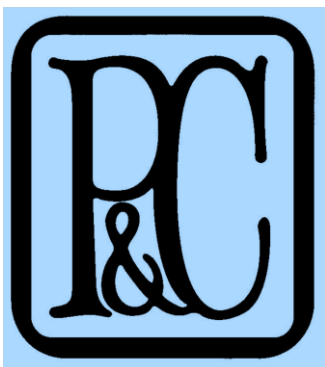
Reef from Year 2 said, "*It was all great,*" and Izabell commented, "I Loved the Australian Shepherd's long soft fur." Both Mr Gibbs and Miss Ward had lots of positive comments to add although I suspect Mr Gibbs was hoping for a return visit from the 'spotty dog' from 2012.

Mrs Graham is currently on long service leave. She will return to duties on Thursday, 6th November, 2014. During her leave, I will be relieving Deputy Primary Principal, whilst Mr Gibbs will be relieving Assistant Principal. Miss Ward will be teaching K/1W during this time. We wish Mrs Graham a relaxing holiday break.

Mr Backhouse has been very busy meeting with and mentoring 2015 prospective Captains. There have already been a number of meetings to discuss Captain duties, expectations of our primary leaders and the processes involved in standing for Captaincy. All nominations will need to be signed by a primary classroom teacher and either a current Captain or second primary teacher. General statements will then be published in the next newsletter. During Weeks 4 and 5 nominees will then be interviewed by executive staff to determine their commitment to this important role. In Week 6, nominees will then present a one minute speech at the Primary assembly. Voting by K-6 students' and Primary teaching staff will follow. The eight highest scoring nominees will then be our elected Captains for 2015. Students will be notified in Week 10 with formal notification at our end of year Presentation Day assembly (Thursday, 11th December).

Years 3-5 swimming will be held during Wednesday sport sessions from Week 6 – Week 10. Students will be assessed according to ability levels and will work on skill development. The bus will cost \$2 per week, and pool entry is \$1.20 for students who do not have a season pass.

Primary students will be involved in the annual "Daniel Morcombe Foundation" day on Friday, 31st October. An information note was sent home on Friday. Students are reminded to bring in donations as 'silver coins' for our coin line competition. *Cont.....*



Date for P&C Meeting Term 4:

10th November Tea Gardens 3.45pm

The Kindergarten Orientation program has proven to be very popular again this year. This year's orientation was held over five weeks. It was good to be able to observe the way in which the preschoolers gained confidence and enthusiasm over that period. It was also encouraging to have lots of questions from mums and dads during the final information session. Preschool students were keen to join in classroom activities with the current Kindergarten children. A highlight of the orientation was a very professionally performed puppet show, 'Are You My Mother?'

It was prepared and performed by students from our middle school - Seleana Murphy, Miranda White-McDougall, Khloe Middleton and Tahlia Read. The girls displayed excellent citizenship qualities, putting in lots of lunchtime practice to perfect their skills. This year, the preschool children were 'buddied' with both a current Kindergarten student and a Year 5 student who has nominated for the role of 2015 Captain. Kindergarten 2015 have their own craft display already set up at the back of the room to welcome them on their first formal day of Big School. A reminder to parents that we are now accepting student enrolment forms along with the essential paperwork.



O_n

T_{his}

D_{ay}

1939:

*Actor John Cleese
was born.*





About Sport and Recreation's Swim and Survive Lessons

For more than 40 years Sport and Recreation has delivered community-based learn to swim lessons throughout NSW.

Swim and Survive is based on the Royal Life Saving Society's national industry program of the same name. The program provides industry standard lessons with a clear progression between grades and quality support resources for all our clients.

The program focuses on servicing those areas of NSW where limited opportunities are provided for communities to access learn to swim programs.

Swim and Survive lessons cater for children between 18 months and 12 years and provide instruction in water familiarisation through to stroke development in a supportive and caring environment.

Classes are held every weekday (in most cases) for eight or nine days. You will see great results from the extra practice of a daily program.

*Believe it
or Not!
or Not!*

Programs run between November and February each year and are taught by qualified local instructors. Everyone employed in the Swim and Survive program is also screened for their suitability to work in child-related employment.

Frequently asked questions:

Where will I find Swim and Survive?

Sport and Recreation's Swim and Survive program is conducted in pools throughout regional NSW. View a complete list of pools and dates for the 2014/2015 Swim and Survive program.

When can I go to a Swim and Survive program?

Swim and Survive classes run from November to February each year. Lessons are held after school and during school holidays.

View a complete list of pools and dates for the 2014/2015 Swim and Survive program.

Who do Swim and Survive lessons cater for?

- Infant and Preschool classes for 18 months to 5 years
- School age for 5 to 12 years

In all programs, lessons cater for complete beginners through to confident swimmers who need to improve their technique. People with special needs can also participate in Swim and Survive where suitably-qualified instructors are available. Call 13 13 02 for more information.

The chances of dying on your way to buy a lottery ticket are greater than your chance of winning.

Day for Daniel get red, Red, READY for **Friday** **Oct 31st 2014**
Wear Red and Educate



Keeping kids safe!

Crimes against children have no place in modern Australia. Please support our National Day of Action by wearing something Red and help empower our children to 'Recognise, React and Report' if they feel something is not right.

Glenn Morcombe Daniel Morcombe



Hold an Awareness Event in your Local Community or work place
 Get your School involved to Teach Children to Recognise, React & Report

Good for Kids good for life

Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet their growth and energy needs. Young children also have smaller stomachs than adults so they need to eat every few hours to keep up their energy levels.

Snacks based on fruits and vegetables, reduced fat dairy products and whole grains are the best choices.

| Everyday | Sometimes |
|---|---------------------------------|
| Fruit loaf/raisin toast | Muesli bars or dried fruit bars |
| Plain popcorn | Fruit straps/sticks |
| Plain or fruit yoghurt | Potato crisps and corn chips |
| Cheese and crackers | Lollies and confectionary |
| Fresh fruit or canned fruit in natural fruit juice | Dairy desserts |
| Dried fruit and cheese cubes | Chocolate |
| Wholemeal biscuits or crackers | Cordial |
| Vegetable sticks and dip or salsa | Soft drinks |
| Corn or rice cakes with or without spreads | |
| Bite sized vegetables e.g. cherry tomatoes, cucumber etc. | |

Reference:

Adapted from South Eastern Sydney Illawarra Health school newsletters distributed to schools as part of the Live Life Well @ School program.

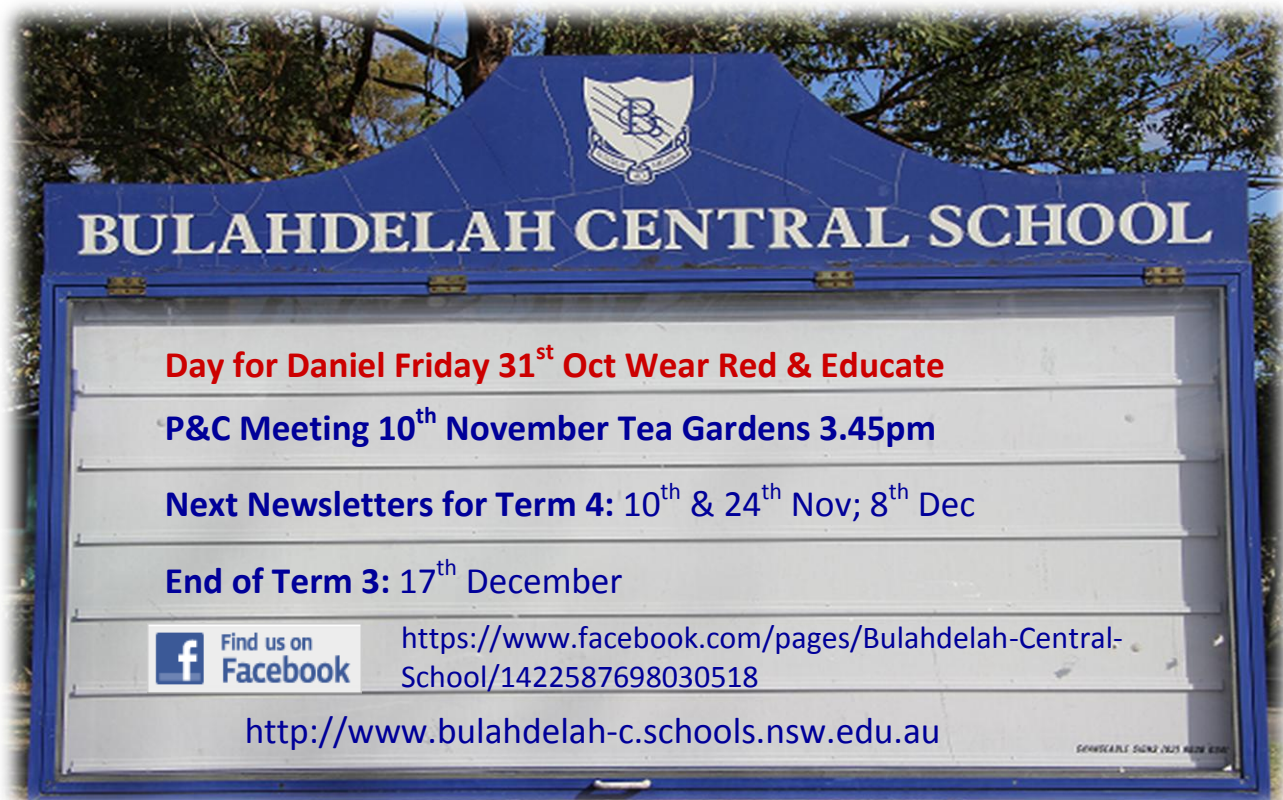
As part of the Personal Development and Child Protection units that are covered in the Primary, our Primary School is hosting a Day for Daniel.

Friday the 31st October

The Primary students will have an 'out of uniform day' and will be encouraged to wear a red piece of clothing. As a donation students are asked to bring in silver coins for the coin line competition.

During the course of the day students will be doing classroom activities based on child protection.

Wear Red and Educate, Keeping Kids Safe.



**Primary would gladly accept
any old
newspapers/magazines you
may want to get rid of.**



ABSENCE INFORMATION

An absence explanation must be received within **seven (7) days** or the Department of Education and Communities will deem it as an **unjustified absence** which **cannot be altered**.

ARE YOUR CONTACT DETAILS UP-TO-DATE?

Parents, if you have changed any details e.g. your address, mobile phone, home phone or emergency contacts, could you please make sure you let the office know so we are able to keep an

accurate record. It is important for us and your children that we are able to contact you in case of an emergency.